

15. Decision Making Group - 8 hours.

NAME and NUMBER WATSON B-37999 Room 1394 CDC-128-C

Mr. Watson has now begun the 8 week Reality and Decision Making Group facilitated by Doctoral Intern Sam Rest. This group began on October 11, 1985, and will conclude on Friday, December 13, 1985.

Samuel Rest
Sam Rest
CSPP Doctoral Intern

Gary A. Elem
Gary A. Elem, Ph.D.
Staff Psychologist

cc: Psych File
Quad AWC
Inmate

DATE 10-85 BEGIN GROUP THERAPY CMC-E jr MEDICAL-PSYCHIATRIC-DENTAL

16. Reality & Decision Making Group - 7 hours.

NAME and NUMBER WATSON B-37999 1394 CDC-128-C

Mr. WATSON has now completed the Reality and Decision Making Group with Doctoral Intern Samuel Rest. He attended 7 out of 8 group meetings and participated fully in the group discussions and exercises during group.

Samuel Rest
Samuel Rest
Doctoral Intern

Gary A. Elem
Gary A. Elem, Ph.D.
Staff Psychologist

cc: Psych, AWC, Inmate

DATE 12-28-85 GROUP COMPLETION

~~MEDICAL-PSYCHIATRIC-DENTAL~~

17. Substance Abuse Therapy - 10 hours.

NAME and NUMBER WATSON B-37999

CDC-128-C

Charles Watson began 10 weeks of group SUBSTANCE ABUSE THERAPY on 9/23/85 with Doctoral Intern Kevin Byrd.

Orig: C File
cc: Psych
Quad AWC
Inmate

Kevin Byrd
Kevin Byrd
Psychology Intern

Spencer C. Letcher, Jr.
Spencer C. Letcher, Jr., Ph.D
Staff Psychologist

KB:gf

DATE 4/3/86

BEGAN GROUP THERAPY CMC-EAST

~~MEDICAL-PSYCHIATRIC-DENTAL~~

18. Substance Abuse Group Therapy - 9 hours.

NAME and NUMBER Watson, Charles

B-37999

CDC-128-C

Began Therapy: 9-16-85

Attendance: 9 out of 10 sessions from Sept 16 - 85

Participation: 1 2 3 (4) 5

Comments: ~~Watson seems willing to explore his drug usage with the new concepts provided by the therapist. There are times when he relies on old rhetoric to show his insight and recovery. He has been able to connect his self concept (which he feels has changed) with drug usage.~~

Kevin Byrd
Kevin Byrd
Psychology Intern

Spencer C. Letcher, Jr.
Spencer C. Letcher, Jr. Ph.D
Staff Psychologist

4-2-86 CMC-E/mn

THERAPY PROGRESS REPORT

DATE

~~MEDICAL-PSYCHIATRIC-DENTAL~~

19. Process Oriented Psychotherapy Group - 10 hours.

NAME and NUMBER WATSON B-37999 Room 1394

CDC-128-C

Mr. Watson has just finished a 10-week Process Oriented psychotherapy group. The nature of the group was very non-directive. Attendance and participation on Mr. Watson's behalf was very beneficial to the group. He offered many insights into his past behaviors that stimulated much discussion. Familial and spiritual issues were of central concern to him. He continues to hold a positive outlook for his future, but expresses concerns over being able to effectively pursue his career goals. Over the years, he appears to have grown in many areas.

Tom Blansett
Psychology Trainee
Orig: C-file

cc: Psych, quad, inmate

Gary A. Elem
Gary A. Elem, Ph.D.
Staff Psychologist

DATE 4-24-86 GROUP THERAPY COMPLETION

CMC-E am

~~XXXXXXXXXX~~ MEDICAL-PSYCHIATRIC-~~DENTAL~~

20. Substance Abuse Program - 26 hours.

NAME and NUMBER WATSON B-37999 1394

CDC-128-C

Mr. Watson has participated in 26 weeks of group sessions with the Substance Abuse Program, since he completed the initial 8 weeks of the introductory phase of the program. He has been conscientious and diligent in his attendance to sessions and contributes to the dynamics of the group process by underscoring and reinforcing the conceptual and philosophical content of the sessions. He often adopts/leadership role in a low key fashion.

cc: Psych, Quad
Inmate

Spencer C. Letcher, Jr.
Spencer C. Letcher, Jr., Ph.D.
Staff Psychologist

DATE 6-23-86 SUBSTANCE ABUSE GROUP CMC-E be

~~XXXXXXXXXX~~ MEDICAL-PSYCHIATRIC-~~DENTAL~~

T6-27-86

21. Process-Oriented Nondirective Psychotherapy Group - 12 hours.

NAME and NUMBER

WATSON

B-37999

CDC-128-C

(Process-Oriented Nondirective Psychotherapy Group)

Mr. Watson attended 12 out of 12 group sessions. He came to each group with high motivation to participate in the group process. He demonstrated a willingness to work on his own issues and was able to display empathy toward other group members as they struggled with their own. Mr. Watson was able to give and take feedback in an appropriate manner.

cc: Psych
AWC
Inmate



Samuel Rest, M.A.
CSPP Psychology Intern

Gary A. Elem, Ph.D.
Staff Psychologist

Samuel Rest MA

DATE 8-19-86

THERAPY COMPLETION CMC-E

co

~~MEDICAL-PSYCHIATRIC-IDENTIFY~~

22. Substance Abuse Group - 16 hours.

NAME and NUMBER

WATSON

B-37999

1394

CDC 128 C

As of 1-5-87, Mr. Watson completed 16 weeks of therapy in a Substance Abuse Group conducted by the undersigned psychology intern. He was previously in such a therapy group with Dr. Letcher and is continuing his involvement with this intern. His attendance has been consistent and he has participated assertively and conscientiously. Mr. Watson displays a genuine willingness to explore his past history of substance abuse and demonstrates an adequate grasp of the underlying dynamics contributing to it. He is a good listener and gives useful feedback to fellow group members.

Ray M. Droby
Psychology Intern

Spencer C. Letcher, Jr., Ph.D.
Staff Psychologist

DATE 1-22-87

THERAPY PROGRESS CMC-E

co

~~MEDICAL-PSYCHIATRIC-IDENTIFY~~

23. Substance Abuse Group - 34 hours.

NAME and NUMBER WATSON B-37999 1394

CDC-128-C

As of 8-10-87, Mr. Watson completed an additional 18 weeks of therapy in a Substance Abuse Group conducted by the undersigned psychology intern who is ending his internship on 8-31-87.

Mr. Watson participated in a total of 34 weeks of group therapy. He attended regularly and made a good effort at participating. He demonstrates a sound understanding of the dynamics underlying substance abuse and is able to apply them to his own past history of using chemical substances. Mr. Watson plans to continue his participation in a Substance Abuse Group conducted by a forthcoming facilitator.

cc: Psych
AWC
Inmate

Ray M. Droby *RM*
Psychology Intern

Spencer C. Letcher, Jr.
Spencer C. Letcher, Jr., Ph.D.
Staff Psychologist

DATE 8-31-87 THERAPY COMPLETION CMC-E co ~~XXXXXX~~—PSYCHIATRIC—~~XXXXXX~~

24. Substance Abuse Process Oriented Therapy - 7 hours.

NAME and NUMBER WATSON B-37999 1394

CDC-128-C

Mr. Watson has been a continuing participant in the Substance Abuse Therapy Group for more than a year and has just completed seven additional weeks in the process-oriented phase of therapy. Because of the overwhelming number of requests of other subjects at this institution to participate in the Substance Abuse Therapy Group, Mr. Watson's participation is being disrupted and discontinued. He can reapply, at his discretion, if he wishes to continue his participation in this Substance Abuse Group in the future. He continually contributed to the group process with his self-exploration, criticism, and analysis of his past and present behavior.

cc: Psych
AWC
Inmate

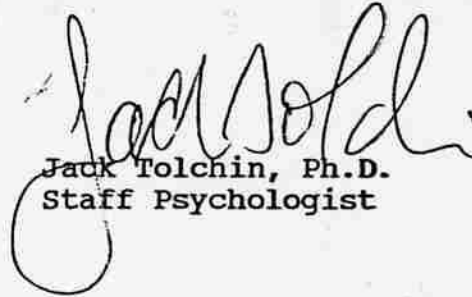
Spencer C. Letcher, Jr.
Spencer C. Letcher, Jr., Ph.D.
Staff Psychologist

DATE 12-5-87 THERAPY TERMINATION CMC-East co ~~XXXXXX~~—PSYCHIATRIC—~~XXXXXX~~

25. Individual Psychotherapy Sessions - 140 hours.

Name and Number: WASTON, Charles B-37999 Rm: 7620 CDC-128-C

Mr. Watson has been seen by the undersigned in weekly one hour Individual Psychotherapy sessions on a continuous and uninterrupted basis since April of 1987.



Jack Tolchin, Ph.D.
Staff Psychologist

Orig: C-file
cc: Health Record
 AWC file D-Quad
 Inmate

Date: 1-12-90

THERAPY UPDATE CHRONO CMC-E

Psychiatric jag