Mule Creek State Prison - Ione, California

[Celebrate Recovery]

NAME and NUMBER WATSON CHARLES

B-37999

10-218L

CDC-128-B Rey, 4/74

Mr. Charles Watson has attended an 8-week 1½ hour course on "Life's Healing Choices."
This curriculum has been developed by Celebrate Recovery, a Christ-centered 12-step program designed to help men heal their "Hurts, Habits, and Hang ups." It is an intensive self examination class. Mr. Charles Watson has learned that, hurt people, hurt people. Some topics covered were:

1. Admitting Need-The Reality Choice

2. Getting Help-The Hope Choice

Protestant Chaplain

3. Letting Go-The Commitment Choice

4. Coming Clean-The House Cleaning Choice

5. Making Changes-The Transformation Choice 6. Repairing Relationships-Relationship Choice

7. Maintaining Momentum-The Growth Choice 8. Recycling Pain-The Sharing Choice

Mr. Charles Watson is to be commended for his commitment to this life-changing program.

He has consistently given his time, and input to this class.

orig: C-File

DATE attendee

3/05/10

M.C.S.P. (LAUDATORY/SELF HELP) M.C.S.P/IONE

NAME and NUMBER

WATSON

B-37999

B-10-218I.

CDC-128-B Rev. 4/74

GENERAL CHRONO

I am writing to commend Inmate Charles WATSON, R-37999, for his service to the Protestant community. From 1995 through January 2008, Inmate WATSON taught a weekly Bible Study, and oversaw a weekly Christian book review, which utilized books donated by various Christian ministries. From March 2005, through January 2007, he oversaw the Mending the Body program, an evangelical outreach in Facility-B. Beginning in January 2008, he devoted himself to completing a Bachelor Degree in Business, which he completed last year. He has been devoted to improving himself in a Biblical manner. He has been an active participant in Christian 12-Steps, and in other self-help groups. Most importantly, Inmate WATSON has served as minister of the Gospel of Jesus Christ, evangelizing on the yard and in the buildings. I appreciate the service he has provided this program.

Orig: C-File Writer

Inmate Watson.

Pastor Scott Barham Protestant Chaplain Mule Creek State Prison

DATE

February 15, 2011

LAUDATORY CHRONO

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B (Rev. 4/74

Inmate WATSON, B-37999 has completed Phase 1 of the 12 Week class: "Overcoming Emotions That Destroy," which uses a book of the same title by Chip Ingram and Dr. Becca Johnson. The topics covered were understanding anger, triggers, ways we respond, attitudes, profiles, spewers, stuffers, and the costly consequences of anger.

Mr. WATSON served as the Faciliator for this class. He shared his childhood experiences, present relationships, answers to questions, and how he handles emotional events, past and present. He has gained understanding of his spiritual identity, and how his inner man (thoughts, choices, and emotions) affects his outer man (actions and behaviors) for healthier relationships.

He is to be commended for the effort he made to ensure the success of this class.

Orig: C-File Copy: Writer

Inmate

Chaplain David Skages

Protestant Chaplain

M.C.S.P.

DATE January 10, 2012

LAUDATORY - OVERCOMING EMOTIONS

GENERAL CHRONO

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B (Rev. 4/74

Inmate WATSON, B-37999 has sucessfully completed the first semester of "Foundations of the Faith," in the Facility-B Protestant Chapel Program. Inmate WATSON has completed four areas of study and the workbook, "Fundamentals of the Faith," published by Grace Community Church. These studies include: "Introduction to the Bible", "How to Know the Bible", "God; His Character and Attributes," and "The Person of Jesus Christ."

Inmate WATSON is to be commended for the effort he has put forth and his participation in class discussions.

Orig: C-File Copy: Writer

Inmate

Chaplain David Skaggs

Protestant Chaplian

M.C.S.P.

DATE January 10, 2012 LAUDATORY CHRONO - CHRISTIAN

WATSON

B-37999

10-218L

Inmate WATSON, B-37999 has completed course B-100, "Song of Solomon," one of the poetical books of the Bible. This is a difficult book to understand, but offers many pictorial examples of the means to personal maturity. He attended the class in the Fall Semester of 2011 from September 20, 2011 to January 12, 2012. The class met weekly and consisted of a mid-term test and final. Inmate WATSON is to be commended for his efforts put forth in this course.

Orig: C-File

DATE

Copy: Student File

Inmate

Chaplain David Skaggs

Protestant Chaplain

M.C.S.P.

February 10, 2012 LAUDATORY CHRONO - CHRISTIAN

GENERAL CHRONO

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B Rev. 4/74

Inmate WATSON, B-37999 has completed Phase 2 of the 10 Week class: "Overcoming Emotions That Destroy," which uses a book of the same title by Chip Ingram and Dr. Becca Johnson. The topics covered were anger profiles (spewers, stuffers, and leakers), why we struggle with anger, and how to face the root causes and weed them out.

Mr. WATSON served as the Facilitator for this class. He participated in class discussions, and question and answer sessions about anger being the "tip of the iceberg" or a secondary emotion to deeper rooted primary emotions, such as hurt, frustration, insecurity and fear. He learned to acknowledge anger, backtrack to the primary emotions, consider the cause and determine how best to deal with these in relationships. He is to be commended for the effort he made towards recovery in Christ through his participation.

Orig: C-File Copy: Writer

Inmate

Chaplain David Skaggs

Protestant Chaplain

M.C.S.P.

DATE April 10, 2012

LAUDATORY - OVERCOMING EMOTIONS

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B Rev. 4/74

Inmate WATSON, B-37999 has successfully completed the first quarter's study of "Foundations of the Faith," in the Facility-B Protestant Chapel Program. Inmate WATSON has completed study in the workbook, "Fundamentals of the Faith," published by Grace Community Church. The topics covered included: "The Personal Work of Jesus Christ", "The Ministry of the Holy Spirit", "God's Plan of Salvation", and "Prayer and the Believer."

He is to be commended for his regular attendance and hard work he put into making this class a success.

Orig: C-File Copy: Writer

Inmate

Chaplain David Skaggs Protestant Chaplain

M.C.S.P.

DATE April 10, 2012

LAUDATORY CHRONO - CHRISTIAN

GENERAL CHRONO

NAME: WATSON

CDC#: B-37999

HOUSING: 10-218

CDC 128B (REV.4/74)

The above named has completed phase 3 of the 13 week class: "Overcoming Emotions that Destroy," which uses a book of the same title by Chip Ingram and Becca Johnson. Topics covered were anger is a choice, be quick to hear, slow to speak, and slow to anger. He participated in class discussion and question and answer sessions about changing anger's course, dealing with angry people, and considering the options before getting angry. He learned to be a good listener, to hear God's word, to control anger's verbal flood, to take a time out, and to change reaction to reflection. He is to be commended for his effort towards recovery in Christ through his participation.

cc C-File WRITER Inmate

Chaplain David Skaggs Protestant Chaplain, MCSP

June 29, 2012 LAUDATORY / OVERCOMING EMOTIONS Phase 3

NAME AND NUMBER: WATSON

B-37999

10-218L

CDC-128-B (Rev.4/74)

OVERCOMING EMOTIONS THAT DESTROY

The above named inmate completed phase 4 of the 9 week class: "Overcoming Emotions that Destroy," which uses a book of the same title by Chip Ingram and Dr. Becca Johnson. The topics covered: Minimize Stress, Maximize God, Express Anger Appropriately, and Resolve Deep Anger. He participated in class discussion and question and answer sessions about strategies to minimize the pressures of life, ways of maximizing his relationship with God, and right motives and methods of expressing anger. He learned to be fair while resolving anger as quickly as possible. He learned to treat and heal deep wounds that anger may cause. He is to be commended for his effort towards recovery in Christ through his participation.

cc: C-File Writer Inmate

Chaplain David Sky gs Protestant Chaplain,

DATE Sept. 30, 2012 LAUDATORY / OVERCOMING EMOTIONS Phase 4 GENERAL CHRONO

NAME AND NUMBER: WATSON, CHARLES

B37999

10-218

CDC-128-B (Rev.4/74)

FOUNDATIONS OF FAITH

The "Foundations of Faith" is a fundamental and comprehensive study requiring a daily committment of each participant. The above inmate should be commended for attending 22 of 24 studies per week over a six month period. Topics covered include: The Person and the Ministry of the Holy Spirit, Prayer and the Believer, The Church: fellowship and Worship, Spiritual Gifts, Evangelism and the Believer, Obedience, Gods Will and Guidance.

The above inmate participated in class discussions along with question and answer sessions. Practical applications were examined and emphasized to help him utilize the truths learned. He is highly commended for hs efforts toward recovery, growth and maturity in Christ. ρ

cc: C-File

Writer

Inmate

Chaplain David Skagg

Protestant Chaplain, MCSP

DATE Sept. 30, 2012 LAUDATORY / FOUNDATIONS OF FAITH

WATSON

I am writing to commend Charles Watson, B-37999, for his help in making the Protestant Chapel Program a success in Facility-B. During the past twenty months I have been assigned as the Protestant Chaplain at Mule Creek State Prison, Inmate WATSON has assisted with Sunday Services, acted as a counselor to other inmates, and provided useful advice to me. He has conducted two in-depth Bible Studies, one on "Overcoming Deadly Emotions" and one on "Why Grace Changes Everything." He has worked hard to maintain a consistent and valuable Christian program. I greatly appreciate the work he has done and his demonstrated dedication to his own Christianity.

Orig: C-file cc: Writer Inmate

Chaplain David Skaggs Protestant Chaplain Mule Creek State Prison

10-218

DATE October 27, 2012

LAUDATORY / CHRISTIAN PROGRAM

GENERAL CHRONO

NAME and NUMBER

WATSON

B-37999

10 - 218

CDC-128-B Rev. 4/74

The above named Inmate has completed a 13 week class: "Why Grace Changes Everything." The class was based on a book of the same title by Chuck Smith, Pastor of Calvary Chapel, Costa Mesa. The subjects covered were: A Loving Relationship with God; Forgiven!; The Door Is Never Closed; No Favorites in the Kingdom; A Portrait of Grace; One Step at a Time; A Garden, Not a Factory; Believing for the Blessing; The Struggle Begins; Free Indeed; Won't They Go Wild?; Booby Traps and Land Mines; All or Nothing; Members of Royalty; and, Our Sole Responsibility. He is to be commended for his efforts, through Christ, at recovery as seen by his participation. Inmate WATSON was the Facilitator for this class.

Orig: C-file cc: Writer Inmate

DATE

Protestant Chaplain

M.C.S.P.

December 30, 2012 LAUDATORY / CHRISTIAN PROGRAM

The above named inmate has completed an eleven (11) week class called: "The Pastoral Epistles". The class was based on three books: First and Second Timothy and Titus from "The Life Recovery Bible". The subjects covered were: Warnings against false teachers, Being grateful for God's mercy, The believer's and leader's responsibility, Being a good servant and soldier, Spiritual advice about true riches, Encouragement to be faithful, Being an approved worker, Dangers in today's world, The apostle Paul's advice in old age, Teaching what is right and Doing what is good. He is to be commended for his efforts at recovery through Christ, as seen by his participation.

Orig: C-File cc: Writer v Inmate

David E. Skaggs

Protestant Chaplain

M.C.S.P.

DATE

March 31, 2013 LAUDATORY / CHRISTIAN PROGRAM

GENERAL CHRONO

NAME and NUMBER

Watson, Charles

B-37999

10-218L

CDC-128-B Rev. 4/74

The above named inmate has completed an eleven (11) week class called: "The Prison Epistles". The class was based on two books: Ephesians & Philippians from "The Life Recovery Bible". The subjects covered were: Spiritual Blessings, Prayer for Spiritual Wisdom, Oneness and Peace in Christ, A Temple for the Lord, God's Mysterious Plan Revealed, Prayer for Spiritual Growth, Unity in the Body, Living as Children of Light, Spiritual Power, Spirit-Guided Relationships, Children and Parents, The Whole Armor of God, Thanksgiving Prayer, Joy in Christ, Living as Citizens of Heaven, Have the Attitude of Christ, Shine Brightly for Christ, and Pressing toward the Goal. He is to be commended for his efforts at recovery through Christ, as seen by his participation.

Orig: C-File

Writer

Inmate

David E. Skaggs Protestant Chaplain

DATE June 30, 2013 LAUDATORY / CHRISTIAN PROGRAM MCSP

NAME and NUMBER Watson, Charles B-37999 CDC-128-B Rev. 4/74 10-218L The above named inmate has completed eight (8) weeks of THE CHAPLAIN'S STUDY CIRCLE. These studies are based upon my previous Sunday sermon. The subjects covered were:

1) The Nature of God

2) The Lost Sheep

3) Jesus, Our Savior

4) The Holy Spirit

5) Creation

6) The Nature of Man

7) Prayer, how to address God

8) Sin, broken relationships

The purpose of this study circle is to fellowship with God and one another, while discussing the Scriptures in order to mature in the wisdom of God. He is to be commended for his willingness to grow spiritually and for his efforts towards rehabilitation.

Orig: C-File Writer Inmate

MCSP

DATE September 30. 2013 LAUDATORY / CHAPLAIN'S CIRCLE

GENERAL CHRONO

NAME and NUMBER

Watson, Charles B-37999 10-218L

CDC-128-B (Rev. 4/74

The above named inmate has completed a twelve (12) week class called: THE PRISON EPISTLES, Pt. 2. The class was based on two books: Colossians and Philemon from "The Life Recovery Bible". The subjects covered were: Thanksgiving and Prayer, Christ is Supreme, Work for the Church, New Life in Christ, Living in the New Life, Instructions for Christian Households, An Encouragement for Prayer, Paul's Final Instructions, Faith in Christ, Reconciled in Christ, Sacrificial Service for Christ, Not Philosophy but Christ, Not Legalism but Christ, Not Carnality but Christ, Character of the New Man, and Christian Graces. He is to be commended for his efforts at recovery through Christ, as seen by his participation.

Orig: C-File Writer

Inmate

Maxim Safonov

Protestant Chaplain

MCSP

September 29, 2013 LAUDATORY / CHRISTIAN PROGRAM DATE

CDC-128-B Rev. 4/74

WATSON, CHARLES B-37999 10-218L NAME and NUMBER

The above named inmate has completed eleven (11) weeks of THE CHAPLAIN'S STUDY CIRCLE. These studies were based upon my previous Sunday sermon. The subjects covered were:

1) Repentance

2) Prayer of Jesus

3) Baptism

4) Lord's Supper

- 5) Unconditional Love 9) Christ, the Prophet
- 10) God, my Teacher 6) Body of Christ
- 11) Faith in God 7) The Heart of Man
- 8) Gifts of Christ

The purpose of the study circle is to mature in the wisdom of God through fellowship with one another in Christ. This man is to be commended for his willingness to grow spiritually and for his efforts towards rehabilitation.

Orig: C-File

Writer

Inmate

Maxim Safonov

Protestant Chaplain

DATE December 29, 2013 LAUDATORY / CHAPLAIN CIRCLE MCSP GENERAL CHRONO

NAME and NUMBER WATSON, CHARLES B-37999 10-218L

The above named inmate has completed an eleven (11) week class on THE ACTS OF THE APOSTLES, Pt. 1, taken from "The Life Recovery Bible". The book of Acts records the actions of the apostles during the early church. Through their examples, this inmate saw that the Holy Spirit has the power to change lives in recovery. By Peter's example, he learned that God can transform lives from an impulsive and unreliable person to a bold and dedicated leader. Though serious mistakes and bad choices were made as a younger man, this inmate has been gradually changed. This transformation demonstrates what God can do in ones life. He is to be commended for his efforts at recovery through Christ, as seen by his participation.

Orig: C-File Writer

Inmate

Safonov

Protestant Chaplain

DATE December 29, 2013 LAUDATORY / CHRISTIAN STUDY MCSP **GENERAL CHRONO** NAME and NUMBER Watson, Charles B-37999 10-218L

CDC-128-B Rev. 4/74

The above inmate has applied to be a volunteer in the work of the Christian ministry and outreach, which I supervise as the prison chaplain. I have interviewed this man and approved him as a volunteer to carry out various duties during the weekly services and studies. He is also approved by me to be a building representative for mending the body of Christ, which includes listing the Christians, following up on new converts, conducting table Bible studies, taking prayer requests, passing out service schedules, offering Bible and correspondence studies, and being a helping hand in times of need. He is to be commended for his desire and commitment to serve his fellow man.

Orig: C-File cc: Inmate ✓ Writer

Max Safonov, Protestant Chaplain

DATE February 3, 2014 LAUDATORY/CHRISTIAN VOLUNTEER MCSP GENERAL CHRONO

NAME and NUMBER Watson, Charles B-37999 10-218L

CDC-128-B Rev. 4/74

The above named inmate has completed eight (8) weeks of THE CHAPLAIN'S STUDY CIRCLE. These studies were based upon my previous Sunday sermon. The subjects covered were:

- 1) Advice for Wives & Husbands
- 2) Living for God today
- 3) The Lord's Supper
- 4) Advice for Elders

- 5) Washing the Disciple's Feet
- 6) The New Commandment (Love)
- 7) Beware of Destructive Teachings
- 8) Beware of False Teachers

The purpose of the study circle is to mature in the wisdom of God through fellowship with one another in Christ. This man is to be commended for his willingness to grow spiritually and for his efforts towards rehibilitation.

Orig: C-File Writer Inmate

Maxim Safonov Protestant Chaplain

DATE March 30, 2014 LAUDATORY / CHAPLAIN'S CIRCLE MCSP

The above named inmate has completed a ten (10) week class on THE ACTS OF THE APOSTLES, Pt. 2, taken from "The Life Recovery Bible". The subjects covered were: Peter's miraculous escape from prison, Paul's three missionary journeys, Being commissioned by God, Understanding the Apostle's persecutions, Christian wisdom and decision making, Handling conflict wisely, Being steadfast in faith, Boldly sharing the Gospel with love, Staying filled with the Holy Spirit, and Commitment to the Body of Christ. This man is learning to be assertive, while standing up for what he believes to be true for recovery. He is learning to boldly take the message of recovery to others. He is to be commended for his effort.

Orig: C-File

Writer Inmate Maxim Safonov

Protestant Chaplain

DATE March 30, 2014 LAUDATORY / CHRISTIAN STUDY MCSP

GENERAL CHRONO

NAME and NUMBER Watson, Charles B-37999 10-218L CDC-128-B Rev. 4/74
The above named inmate has completed eight (8) weeks of THE CHAPLAIN'S
STUDY CIRCLE. These studies were based upon my previous Sunday sermon. The subjects covered were:

- 1) Christ, Our Passover
- 2) God's Promises Not Slack
- 3) Being Steadfast & Secure
- 4) Freedom From Condemnation
- 5) Doers Of God's Word
- 6) Faith & Works
- 7) Controlling the Tongue
- 8) Humility Cures Worldiness

The purpose of this study circle is to build up one another through fellow-shipping in God's Word. This man is to be commended for his willingness to grow spiritually and for his efforts towards rehabilitation.

Orig: C-File

Writer Inmate Maxim Safønov

Protestant Chaplain

DATE June 29, 2014 LAUDATORY / CHAPLAIN'S CIRCLE MCSP

The above named inmate has completed an eight (8) week class on THE ACTS OF THE APOSTLES, Pt. 3, taken from "The Life Recovery Bible." The subjects covered were: Making peace with others, Dealing with authority figures, Persecution, Enduring under trials, Depending on God for help, God's desire for man's salvation and deliverance, God's presence and power for safety, and Obstacles into wonderful opportunities for growth and service. This man and others in the class are learning to experience the peace and contentment that comes only by following God's will. He is learning to carry the message of salvation to people in need through all circumstances in his life.

Orig: C-File

Writer Inmate Maxim Safonov

Protestant Chaplain

DATE June 29, 2014 LAUDATORY / CHRISTIAN STUDY MCSP