Mule Creek State Prison - Ione, California

Impact Ministries Training Class

Huntsville, Alabama

1. "Escape from Codependency" by Dr. James Richards - 18 hours.

NAME and NUMBER

WATSON

B-37999

B6-218L

CDC-128-B Rev. 4/74

Inmate Watson attended 18 weeks of the study group ESCAPE FROM CODEPENDENCY from April 3, 2002 to July 31, 2002. The key ideas covered in the above book included the following:

- 1. Codependency is?
- 8. What is love?
- 15. God of government
- 22. Faith message

- 2. Observe codependency 9. Levels of love
- 16. Power of parenting
- 23. Dignity & Worth

- 3. Finding my source
- 10. Destructive friends 11. Victim's mentality

24. Peace with God

- 4. Knowing God 5. Control is the goal
- 12. Blame

25. Experiencing God

- 6. God of my world
- Responsibility
- 19. Swapping addiction 20. Worldly success

17. Mental health

26. Commitment to love 27. Breaking the cycle

- 7. Toxic love
- 14. Wrong expectations
- 21. Angry God

18. Education

28. Life on new terms

Mr. Watson has become aware of codependent tendencies and how to avoid them. His understanding of the motivation behind them will help his relations with others and to conquer the problem.

cc: Inmate

Scótt Barham, Protestant Chaplain

DATE August 1, 2002

(LAUDATORY / ESCAPE FROM CODEPENDENCY) MCSP/lone

GENERAL CHRONO

2. "How to Stop the Pain" by Dr. James Richards - 17 hours.

NAME and NUMBER

WATSON

B-37999

B6-218L

CDC-128-B (Rev. 4/74

Inmate Watson attended 17 weeks of the study group HOW TO STOP THE PAIN from Aug. 7, 2002 to November 27, 2002. The key ideas covered in the above book by Dr. James Richards included:

- 1. Critical Factors
- 2. What is judgment?
- 3. Breaking the pain
- 4. Power of significance 12. Behavior Patterns
- 5. Observers not judges
- 6. Not fixing you

- 7. I'm the problem 8. The critical eye
- Knowing boundaries
- 10. God of my world
- 11. How I see it
- 13. Destroying relations
- 14. Like little children
- 15. Imaginary world 16. Freedom not judging 24. Eat my words
- 17. Overcoming judging
 - 18. No justification
 - 19. Seeing as God sees

 - 20. Knowing my stuff
- 21. Judging God
- 22. Associations
- 23. Spiritual gifts
- 25. Eat my words
- 26. Pathway to peace 27. Suicidal self-judging
- 28. Pain of the past
- 29. Life without limits
- 30. Self-worth solution
- 31. Removing splinters
- 32. The Love factor

Mr. Watson has deepened his spiritual growth as he recognized painful judgments. He has dispelled all excuses to judge no matter how painful his life becomes. He is to be commended for his growth.

cc: Inmate

DATE

Pastor Scott Barham, Protestant Chaplain

GENERAL CHRONO

November 28, 2002 (LAUDATORY/HOW TO STOP THE PAIN) MCSP/Ione

3. "Grace the Power to Change" by Dr. James Richards - 34 hours.

NAME and NUMBER

WATSON

B-37999

6-218L

CDC-128-B (Rev. 4/74

Inmate Watson attended 17 weeks of a 2 hr. study group GRACE: The Power To Change from Dec. 4. 2002 to March 26, 2003. The key ideas covered in the above book by Dr. James B. Richards included:

1. Power to Change 2. Grace, God's Ability

3. Grace of Jesus

4. Where Sin Abounds

6. Grace for Sin

5. In My Weakness

7. Manifold Grace 8. Grace in heart

9. Righteousness

10. Breastplate 11. Doorway heart

12. Out of the grave

13. Time of Need

14. Freed from Sin

15. Frustrating grace

17. Grace to change 18. Touching the heart 19. Grace completed

20. Effortless change 21. Truth about God

16. Conquer temptation 22. God unlimited

23. Taking off limits

24. Eye of Faith

Mr. Watson has learned to define grace as God's ability working in him, making him able to do what he cannot do in his own ability. He has learned to trust God by turning things over to Him for sufficiency rather than taking things into the insufficiency of his own hands.

cc: Inmate

DATE

Pastor Scott Barham, Protestant Chaplain April 1, 2003 (LAUDATORY / GRACE: THE POWER TO CHANGE) MCSP/lone

GENERAL CHRONO

4. "Taking the Limits off God" by Dr. James Richards - 36 hours.

NAME and NUMBER

WATSON

B-37999

6-218L

CDC-128-B (Rev. 4/74

Inmate Watson attended 18 weeks of a 2 hr. study group TAKING THE LIMITS OFF LIFE from April 2. 2003 to July 30, 2003. The key ideas covered in the above book by Dr. James B. Richards included:

1. Taking limits off

2. Lost in wilderness

3. Negative thinking

4. Eye of faith

5. Self-Esteem

6. Circumstances

7. Everything possible

8. Help my unbelief 9. Remove obstacles

10. His word sufficient

11. Commitment

12. See as God sees

13. God is love 14. Self-worth

15. Heart persuasion

16. Operating bold faith

17. No more limits

18. God's promises

19. Cast away unbelief 20. Power for life

Mr. Watson has learned to not limit what God can do through his life by changing his perception of God. He has learned the ways he limits himself, and how to stop doing so. He is to be commended for his willingness to grow mentally and spiritually in life.

cc: Inmate

Pastor Scott Barham, Protestant Chaplain

DATE

August 1, 2003 [LAUDATORY / TAKING THE LIMITS OFF LIFE] MCSP/Ione

GENERAL CHRONO

5. "Breaking the Cycle" by Dr. James Richards - 104 hours.

WATSON, CHARLES B-37999 10-218L CDC-128-B (Rev. 4/7) NAME and NUMBER This inmate attended 18 weeks of a 2 hour study group BREAKING THE CYCLE Part 1, the ultimate solution to destructive patterns from Dec. 3, 2003 to March 31, 2004. The key ideas covered in this book by Dr. James Richards included the following:

1. The Defining Moment

2. The Sense of Lack

3. Naked and Vulnerable

4. Identity Recovered

5. Driven by Lack

6. The Qualifying Factor

7. What We Were Told

8. The Heart of the Gospel

9. From First to Last

10. Power of Righteousness

11. Flawed Logic

He has learned how to end his repeated struggles and break out of destructive cycles through his revelation of being in right standing with God. As a result, this inmate is now walking in greater peace and happiness. He is no longer driven by what he does not have, but rejoicing in what he has because of his relationship with Christ.

cc: Inmate

Pástor Scott Barham, Protestant Chaplain

April 1, 2004 (LAUDATORY / BREAKING THE CYCLE) MSCP/lone DATE

GENERAL CHRONO

10-218L WATSON B-37999 CDC-128-B (Rev. 4/7 NAME and NUMBER This inmate attended 17 weeks of a 2 hour study group BREAKING THE CYCLE Part 2, the ultimate solution to destructive patterns from April 7, 2004 to July 28, 2004. The key ideas covered in this book by Dr. James Richards included the following:

1. The Cycle

6. Deserving/Qualified 11. Dead Works

16. Power of Promise

2. Deceit of lack

7. Son or Slave

12. Grace & Truth

17. Results Reveal Logic

3. Complete in Jesus 8. Motive for Service 13. Law Substitute

18. Doctrinal Test 19. New Perspective

4. Illogic of lack 5. Wrong Questions

9. The Turning Point 10. Right in Jesus

14. Radical Message 15. Belief Cornerstone

20. Reshape Your Heart

He has grown to no longer allow his crime to identify who he is. He sees the necessity to step out of the mold of his past, and to be renewed in his mind to the promises of the finished work of the cross of Jesus Christ, resulting in a healthy and successful life.

cc: Inmate

Mater Scatt Bru Pastor Scott Barham, Protestant Chaplain

August 1, 2004 (LAUDATORY / BREAKING THE CYCLE) MCSP/lone DATE

GENERAL CHRONO

Watson, Charles B-37999 10-218L

NAME and NUMBER CDC-128-B (Rev. 4/ This inmate attended 17 weeks of a 2 hour study group BREAKING THE CYCLE Part 3, the ultimate solution to destructive patterns from August 4, 2004 to November 24, 2004. The key ideas covered in this Dr. James Richards book included the following:

1. Trapped by Opinions 6. Solution to Shame

7. Blind leading Blind

11. Heart Physics 12. Missing Ingredient 16. Righteous Reality

2. Is Jesus Enough 3. Overcome Shame

8. Completeness

13. Quantum Physics

17. Resurrection Power 18. Spirit Living

4. Overcome Confusion 9. Voice Conscience

14. Radical Gospel

19. Set Your Heart

5. Feelings & Actions 10. Good works Testify 15. Destructive Addiction

20. Abundant Life

He has been given tools to face life with a new confidence, having keys to personal empowerment. He has learned to disconnect from the feelings of lack and inadequacy, because of the righteousness of Christ. He is to be commended for his time and effort in the group process.

cc: Inmate

Pastor Scott Barham, Protestant Chaplain

6. "Supernatural Ministries" by Dr. James Richards - 17 hours.

NAME and NUMBER Watson, Charles B-37999 6-218L CDC-128-B (Rev. 4/74)
He attended 17 weeks of the study group SUPERNATURAL MINISTRIES from August 6, 2003 to
November 26, 2003. The key ideas covered in the above book by Dr. James Richards included:

1. Living Organism	8. Personal Growth	15. Sacrifice	22. Resisting devils
2. Unleashing Power	9. Creative nature	16. Take to Church	23. Healing sick
3. God's secret weapon	10. Showing Jesus	17. House to house	24. Follow-up
4. Priorities	11. Ministry calling	18. Spoken Word	25. Backslidden
5. Church history	12. Not ministering?	19. Reconciliation	26. New Believers
6. Living vision	13. Sanctifying Jesus	20. Witnessing	27. Spiritual warfare
7. The investment	14. Give an answer	21. Spirit baptism	28. Plan of action

Every person has gifts, skills and abilities that can be easily unleased. The above man has learned to share his changed life in a conversational manner. He is to be commended for his growth.

cc: Inmate

Pastor Scott Barham, Protestant Chaplain

DATE 12/03/03 [LAUDATORY / SUPERNATURAL MINISTRIES]

MCSP/lone

GENERAL CHRONO

7. "Satan Unmasked" by Dr. James Richards - 44 hours.

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B Rev 4/7

This inmate attended 22 weeks of a 2 hr. study group Satan Unmasked, The Truth Behind The Lie from Apr. 6, 2005 to Aug. 31, 2005. The key ideas covered in this book by Dr. James Richards included:

Lie
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This inmate has discovered how the traditions of the past have presented a distorted image of the enemy's power versus the ultimate power of the finished work of Jesus at the Cross. He is to be commended for his willingness to allow God to work on his spiritual growth.

cc: Inmate

Pastor Scott Barham, Protestant Chaplain

DATE

August 31, 2005

(LAUDATORY / SATAN'S UNMASKED)

MCSP/Ione

GENERAL CHRONO