

Chapel Book Review Study Class

1. "Deadly Emotions" by Dr. Don Colbert - 36 hours.

NAME and NUMBER Watson, Charles B-37999 10-218L

CDC-128-B (Rev. 4/74)

This inmate attended 18 weeks of a 2 hour study group DEADLY EMOTIONS, on "understanding the spirit-mind-body connection that can heal or destroy you" from Dec. 1, 2004 to March 30, 2005. The key ideas covered in this Dr. Don Colbert book included the following:

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| 1. Emotional/Physical | 5. Rage & Pain | 9. Worry Turns Deadly | 13. Cleansing Forgiveness |
| 2. Emotion/Disease | 6. Depression | 10. Resentment/Bitterness | 14. Value of Joy |
| 3. Turn Off Stress | 7. Guilt & Shame | 11. Choice for Health | 15. Peace Equals Health |
| 4. Damaging the Heart | 8. Poison of Fear | 12. Replacing Thoughts | 16. The Love Connection |

He has been exposed to potentially devastating feelings -- what they are, where they come from and how they manifest. He has learned that he does not have to be at the mercy of his emotions, but rather focus on truth, forgiveness, joy and peace. He has learned to rise above deadly emotions and find true health for his spirit, soul and body.

Pastor Scott Barham
 Pastor Scott Barham, Protestant Chaplain

cc: Inmate

DATE April 1, 2005 (LAUDATORY / DEADLY EMOTIONS) MCSP/Ione GENERAL CHRONO

2. "Dynamics of Worship" by James P. Gills, M.D. - 42 hours.

NAME and NUMBER Watson, Charles B-37999 10-218L

CDC-128-B (Rev. 4/74)

This inmate attended 21 weeks of a 2 hour study group DYNAMICS OF WORSHIP, a balanced approach of who, what, where, why, and how to worship, from Sept. 7, 2005 to Jan. 25, 2006. The key ideas covered in this book by James P. Gills, M.D. included the following:

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| 1. Prelude to Worship | 5. Getting to Know Him | 9. Celebrating God Together |
| 2. A Delicate Balance | 6. Tabernacles & Temples | 10. Worship Obstacles |
| 3. Making Ready the Heart | 7. Prayer/Worship Heartbeat | 11. Worship Pitfalls |
| 4. Visions of Glory | 8. A Day by Day Lifestyle | 12. Forever Transformed |

He is to be commended for his extensive study on worship. He has learned a delicate combination of concept and practice, technique and spirit, and knowledge and inspiration. As a result, he is more equipped to make worship his daily lifestyle.

Pastor Scott Barham
 Pastor Scott Barham
 Protestant Chaplain

cc: C-file
Inmate

DATE February 1, 2006 (LAUDATORY/DYNAMICS OF WORSHIP) MCSP GENERAL CHRONO

3. "Faith that Pleases God" by Pastor Bob George - 48 hours.

NAME and NUMBER Watson, Charles B-37999 10-218L

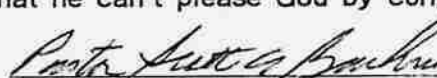
CDC-128-B Rev. 4/74

This inmate attended 24 weeks of a 2 hour study group FAITH THAT PLEASES GOD, a practical look at true biblical faith, from Feb. 1, 2006 to July 12, 2006. The key ideas covered in this book by counselor and teacher Bob George, included the following:

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| 1. Introduction to Faith | 5. Responding to God's Life | 9. Responding to Spirit's Leading |
| 2. Shifting Faith | 6. Responding to New Covenant | 10. One Faith for All men |
| 3. Faith: Must have an Object | 7. Hindrances to Forgiveness | 11. Responding to God's Best |
| 4. Faith: Initiator/Responder | 8. Confession & Forgiveness | 12. Expressing Itself by Love |

He is to be commended for continual growth as a Christian. He understands that God is the initiator, and that he is a responder to God's grace. He understands that he can't please God by continuing to ask Him for what He's already given him -- forgiveness!

cc: C-file
Inmate


Pastor Scott Barham
Protestant Chaplain

DATE July 19, 2006 (LAUDATORY/FAITH THAT PLEASES GOD) MCSP GENERAL CHRONO

4. "God is the Gospel" by Pastor John Piper - 48 hours.

NAME and NUMBER WATSON B-37999 10-218

CDC-128-B Rev. 4/74

Inmate WATSON, B-37999 has attended 24 weeks of the 2 hour study group, titled "GOD IS THE GOSPEL," from July 19, 2006 to December 27, 2006. This book, by Pastor John Piper, included: 1.) Proclamation; 2.) Biblical Scope; 3.) Behold your God; 4.) Glory of Christ; 5.) Image of God; 6.) Testimony of the Holy Spirit; 7.) Evangelism; 8.) Sanctification; 9.) Gladness of God; 10.) Christ-Exalting Contrition; 11.) God's saving Gift; 12.) God's Pleasant Gifts; 13.) Ultimately Good; 14.) Being Glorious; and 15.) Sacrifice and Sing. He is to be commended for his participation. This six-month study has been a tool for him to awaken his longing for God and to see the beauty of Christ, which makes the gospel the "Good News."


Pastor Scott Barham
Protestant Chaplain

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Cc.: C-File, Writer, Inmate

Mule Creek State Prison

DATE December 30, 2006 LAUDATORY GENERAL CHRONO

7. Spiritual Soul Analysis - 8 hours.

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B Rev. 4/74

Inmate WATSON has participated in an eight-week workshop called "Spiritual Soul Analysis" from November 7, 2007 through December 26, 2007. The subjects discussed were as follows:

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| 1. Spiritual Soul Analysis Defined | 6. Self-talk Examined |
| 2. Handling Negative Events | 7. Positive Thoughts and Emotions |
| 3. Negative Thoughts and Emotions | 8. Slow to Anger |
| 4. Truth vs. Lie | 9. Put On the New Man |
| 5. Examining Thoughts Continually | 10. Victim, Victor, and Vision |

Mr. WATSON is to be commended for completing a weekly worksheet of an emotional event and the occurring negative thoughts and emotions. He has learned to challenge his thoughts to discover positive alternatives, resulting in better emotional and spiritual health.

Original: C-File
Copy: Writer
Inmate ✓



Scott Barham
Protestant Chaplain

DATE October 1, 2007 (LAUDATORY / CHRISTIAN 12-STEP RECOVERY) MCSP/Ione GENERAL CHRONO

5. "Experiencing God's Love" ("The Holy Bible" text) - 34 hours.

NAME and NUMBER WATSON B-37999 10-218 CDC-128-B (Rev. 4/74)

Inmate WATSON, B-37999 has attended 17 weeks of the 2 hour study group, titled "EXPERIENCING GOD'S LOVE" from January 1, 2007 to April 30, 2007. This study outlined: 1.) Understanding brings experience; 2.) Praying to experience God's love; 3.) Meditating on God's love; 4.) Discovering God's love; 5.) Believing God's love; 6.) Receiving God's love; 7.) God's loving word - the Bible; 8.) Celebrating God's love; 9.) Triumphant in God's love; 10.) The Healing of God's love; 11.) The anointing to know God's love; 12.) Resting in God's love. He is to be commended for his commitment to grow spiritually and mentally in his experience with God. He realizes that he must experience God's love before he can express love for God and others.


Pastor Scott Barham
Protestant Chaplain

cc: C-File, Writer, Inmate

Mule Creek State Prison

DATE March 30, 2007

LAUDATORY

GENERAL CHRONO

6. "God's Purpose For Your Life" ("Reflections of His Image" by Nancy Missler text) - 54 hours.

NAME and NUMBER WATSON B-37999 B10-218L CDC-128-B Rev. 4/74

Inmate WATSON B-37999 has attended 27 weeks of the 2 hour study group titled GOD'S PURPOSE FOR YOUR LIFE from May 2, 2007 to October 31, 2007. The book REFLECTIONS OF HIS IMAGE by Nancy Missler was the text which included:

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| 1. What Is God's Plan? | 5. How to be Cleansed by the Spirit. |
| 2. So, What's the Problem? | 6. How to Worship the Spirit. |
| 3. A Visual Picture of the Problem. | 7. How to Abide in the Spirit. |
| 4. How to Choose to Follow the Spirit. | 8. How to Walk in the Spirit. |

Mr. Watson has learned the importance of perseverance that leads to the development of a truly eternal character. He is to be commended for his willingness to grow mentally and spiritually in life.

Original: C-File
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 Inmate ✓


Pastor Scott Barham
Protestant Chaplain

DATE October 31, 2007 (LAUDATORY / REFLECTIONS OF HIS IMAGE) MCSP/Ione

GENERAL CHRONO