

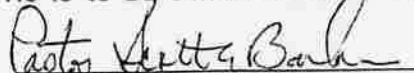
16. Christian 12-Step Recovery Study Group - 18 hours.

NAME and NUMBER WATSON B-37999 6-218L CDC-128-B (Rev. 4/74)

Inmate Watson has attended 18 weeks of the Christian 12-Step Recovery Study Group II from Aug. 2, 2000 through Nov. 29, 2000. The key ideas covered in Step 7 through 9 as well as the Spirit, Soul & Body Study Guide included the following:

- | | | | |
|----------------------|-------------------|-------------------|--------------------|
| 1. Humility | 5. Choices | 9. Soul Analysis | 13. Self Control |
| 2. Shortcomings | 6. Responsibility | 10. Double Minded | 14. Amends |
| 3. Actions/Reactions | 7. Willingness | 11. Sexual Self | 15. Forgiveness |
| 4. Mental attitudes | 8. Emotional life | 12. Honesty | 16. Transformation |

Mr. Watson has continued to gain both mental and spiritual understanding of his past failures and who he is now in light of his relationship with God. He is to be commended for his continual growth in both mental and spiritual maturity.


 Pastor Scott Barham
 Protestant Chaplain MCSP


cc: C-File
 Inmate

DATE November 29, 2000 (LAUDATORY-CHRISTIAN 12 Step) GENERAL CHRONO

17. 12-Step Recovery with Rabbi Book - 20 hours.

NAME and NUMBER WATSON B-37999 CDC-128-B (Rev. 4/74)

Inmate Watson, B-37999, has faithfully completed my 12 Step Recovery program at MCSP. This course met weekly for approximately five months. Inmate Watson attended all classes and participated fully in all sessions. I commend him for his efforts and achievements in recovery.


 Rabbi Ira Book
 Chaplain, MCSP

1-22-01

Orig: C-File
 cc: Writer
 Inmate
 CCI

DATE 01-22-01 RELIGIOUS/INFORMATIONAL MCSP-IONE GENERAL CHRONO

18. Christian 12-Step Group (Spirit, Soul & Body text) - 15 hours.

NAME and NUMBER WATSON B-37999 6-218L

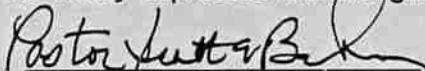
CDC-128-B (Rev. 4/74)

Inmate Watson has attended 15 weeks of the Christian 12-Step Recovery Study Group II from Dec. 6, 2000 through March 28, 2001. The key ideas covered in Step 10 through 12 as well as the Spirit, Soul & Body Study Guide included the following:

- | | | | |
|---------------|---------------------|--------------------|--------------------------|
| 1. Inventory | 5. Strongholds | 9. Thinking/Habits | 13. Binding/Loosing |
| 2. Prayer | 6. Influence/Belief | 10. Wrong Behavior | 14. Kingdom Of God |
| 3. Meditation | 7. Ideas/Attitudes | 11. Family Bondage | 15. Carrying the Message |
| 4. God's Will | 8. Memories/Desires | 12. Word Curses | 16. Release the Spirit |

Mr. Watson continues to develop a strong identity and generally approves of himself. He accepts and uses personal criticism in a positive way. He freely expresses his thoughts and feelings concerning past and present situations.

cc: C-File


 Pastor Scott Barham
 Protestant Chaplain MCSP

DATE April 1, 2001 (LAUDATORY-CHRISTIAN 12 Step) GENERAL CHRONO

19. Christian 12-Step Group (Spirit, Soul & Body text) - 15 hours.

NAME and NUMBER WATSON B-37999 6-218L

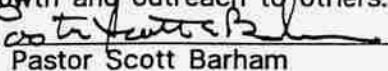
CDC-128-B (Rev. 4/74)

Inmate Watson has attended 15 weeks of the Christian 12-Step Recovery Study Group II from April 4, 2001 through July 25, 2001. The key ideas covered in Step 1 through 3 as well as the Spirit, Soul & Body Study Guide included the following:

- | | | | |
|--------------------|-------------------|-----------------------|-------------------------|
| 1. Honesty | 5. Pride/Humility | 9. Insanity | 13. Pain |
| 2. Helplessness | 6. Surrender | 10. Self-centeredness | 14. Hardships |
| 3. Unmanageability | 7. Higher Power | 11. Turn it over | 15. Addictions |
| 4. Control | 8. Belief/Faith | 12. Self-will | 16. Defeating Behaviors |

Mr. Watson has learned to depend totally upon God for his continual recovery, that is, the renewing of his mind. He has learned to accept and use life's trials and criticisms in a positive way. He is to be commended for his commitment to growth and outreach to others.

cc: C-File


 Pastor Scott Barham
 Protestant Chaplain

DATE August 1, 2001 (LAUDATORY-CHRISTIAN 12 STEP) GENERAL CHRONO

20. Advanced 12-Step Recovery Program with Rabbi Book - 30 hours.

NAME and NUMBER


WATSON

B-37999

CDC-128-B (Rev. 4/74)

Inmate Watson, B-37999, has faithfully completed my ADVANCED 12-STEP RECOVERY PROGRAM at MCSP. This group met weekly for approximately seven months. He participated in the group sessions, and I commend him for his efforts and achievements toward recovery.

Orig: C-File
cc: Writer
Inmate
CCI


Rabbi Ira Book
Chaplain, MCSP

DATE 11-8-01

(RELIGIOUS/INFORMATIONAL)

MCSP-IONE

GENERAL CHRONO

21. Christian 12-Step Group ("How To Counsel God's Way" text) - 17 hours.

NAME and NUMBER

WATSON

B-37999

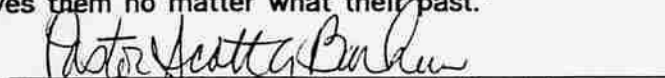
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CDC-128-B (Rev. 4/74)

Inmate Watson has attended 17 weeks of the Christian 12-Step Recovery Study Group II from Aug. 8, 2001 through Nov. 28, 2001. The key ideas covered from the book "HOW TO COUNSEL GOD'S WAY" included the following.

- | | | | |
|----------------------|------------------|--------------------|-----------------------|
| 1. Lord as Counselor | 5. Holy Spirit | 9. Equipping | 13. Forsaking/Turning |
| 2. Discipleship | 6. Prayer | 10. Vital Issues | 14. Who we are? |
| 3. Sanctification | 7. Church-Life | 11. Guidelines | 15. Renewing the mind |
| 4. God's Word | 8. Who counsels? | 12. Identification | 16. Spiritual warfare |

Mr. Watson has participated faithfully to better equip himself to live the Christian life and to help others do the same. The theme of this group was "to always make others feel loved, and to always make others believe that God loves them no matter what their past."


Pastor Scott Barham, Protestant Chaplain

cc. C-File

DATE

December 1, 2001

(LAUDATORY / CHRISTIAN 12 STEP)

GENERAL CHRONO

22. Christian 12-Step Group ("The Gospel of Peace" text) – 15 hours.

NAME and NUMBER WATSON B-37999 6-218L CDC-128-B (Rev. 4/74)

Inmate Watson attended 15 weeks of the Christian 12-Step Study Group from Dec. 5, 2001 to March 27, 2002. The key ideas covered from the book "THE GOSPEL OF PEACE" included the following:

- | | | | |
|------------------------|------------------------|------------------------|------------------------|
| 1. Experiencing God | 7. Free from penalty | 13. The love of God | 19. The Father's heart |
| 2. Relationship c/ God | 8. The exchange | 14. Good News faith | 20. Angry preachers |
| 3. Good News of Christ | 9. Faith righteousness | 15. Sowing & Reaping | 21. Error of Balaam |
| 4. The cross of Christ | 10. Faith to faith | 16. Loving relations | 22. Judgment of God |
| 5. Peace on Earth | 11. We have faith | 17. Heart discernment | 23. Need for peace |
| 6. Chastisement/Peace | 12. Covenant of peace | 18. Heart coming forth | 24. More than mental |

Mr. Watson has come to a greater understanding of the love of God, and He is experiencing that love in his daily relationships with others. He is to be commended for his continual growth in God's grace.


 Pastor Scott Barham, Protestant Chaplain

cc: Inmate


DATE April 1, 2002 (LAUDATORY / CHRISTIAN 12 STEP) MCSP/lone GENERAL CHRONO

23. Christian 12-Step Group – 16 hours.

CHARLES WATSON B-37999 B-10-218L CDC 128-B (Rev. 7/74)

Mr. Watson has consistently attended weekly meetings of the Christian 12-step (AA/NA) Recovery Program from July 15, 2004 through December 30, 2004. During this time Mr. Watson attended 16 of 16 meetings available. Key ideas covered in steps 1 through 3 in the book, "The 12 steps for Christians" are: 1) Powerless 2) Unmanageable 3) Dysfunction 4) Higher Power 5) Belief 6) Turn it over 7) Self-will. I commend Mr. Watson for his commitment to recovery and the self-help process.

cc: C-File
 Writer
 Inmate


 Susan Gabler
 Self-help sponsor

Date 12-30-04 (Laudatory – Christian 12-Step) General Chrono

24. Christian 12-Step Group - 8 hours.


CHARLES WATSON

B-37999

CDC 128-B (Rev. 7/74)
B-10-218L

Mr. Watson has consistently attended weekly meetings of the Christian 12-step (AA/NA) Recovery Program from January 6, 2005 through March 31, 2005. During this time Mr. Watson attended 8 of 8 meetings available. Key ideas covered in steps 3 through 4 in the book, "The 12 steps for Christians" are: 1) Turn it Over 2) Self Will 3) Moral Inventory 4) Survival Skills 5) Denial 6) Resentment 7) Fear 8) Shadow. I commend Mr. Watson for his commitment to recovery, the self-help process and his willingness to change.

cc: C-File
Writer
Inmate


Susan Gabler
Self-help sponsor

Date 05-02-05

(Laudatory - Christian 12-Step)

General Chrono

25. Christian 12-Step Group - 8 hours.

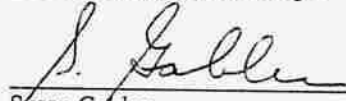
CHARLES WATSON

B-37999

CDC 128-B (Rev. 7/74)
B-10-218L

Mr. Watson has consistently attended weekly meetings of the Christian 12-step (AA/NA) Recovery Program from April 7, 2005 through June 30, 2005. During this time Mr. Watson attended 8 of 8 meetings available. The key ideas covered in step 4 in the book, "The 12 steps for Christians" are: 1) Simple Denial 2) Minimizing 3) Blaming 4) Excusing 5) Generalizing 6) Dodging 7) Attacking. I commend Mr. Watson for his commitment to recovery, the self-help process and his willingness to change.

cc: C-File
Writer
Inmate


Susan Gabler
Self-help sponsor

Date 07-18-05

(Laudatory - Christian 12-Step)

General Chrono

26. Christian 12-Step Group - 10 hours.

CHARLES WATSON

B-37999

CDC 128-B (Rev. 7/74)
B-10-218L

Mr. Watson has consistently attended weekly meetings of the Christian 12-step (AA/NA) Recovery Program from April 7, 2005 through June 30, 2005. During this time Mr. Watson attended 10 of 10 meetings available. The key ideas covered in step 4 cont'd in the book, "The 12 steps for Christians" are: 1) Moral Inventory 2) Survival Skills 3) Denial 4) Resentment 5) Fear 6) Shadow 7) Control 8) Repressed Feelings. I commend Mr. Watson for his commitment to recovery, the self-help process and his willingness to change.

cc: C-File
Writer
Inmate


Susan Gabler
Self-help sponsor

Date 10-11-05

(Laudatory - Christian 12-Step)

General Chrono

27. Christian 12-Step Group - 32 hours.

NAME and NUMBER

WATSON

B-37999

10-218L

CDC-128-B (Rev. 4/74)

Inmate CHARLES WATSON, has consistently attended weekly meetings of the Christian 12-Step Recovery Program from 01/01/06 to 11/30/06. During this time Mr. WATSON attended 32 of 32 meetings. Step Five demanded truthfulness and honesty in looking at the exact nature of his wrongs. Openly admitting the part he played while taking an honest look at how he had hurt others and himself. The group acknowledges their strengths for balance. They rely on God and Jesus Christ as their higher power. Through prayer, they thank God for their relationship with Him in Spirit and Truth. They seek others with whom these truths can be shared.


Susan Gabler
Self-Help Sponsor


Pastor Scott Barham
Protestant Chaplain

cc: C-File, Writer, Inmate

M.C.S.P

DATE December 1, 2006

LAUDATORY/CHRISTIAN 12-STEP RECOVERY GENERAL CHRONO


28. Christian 12-Step Group - 28 hours.

NAME and NUMBER WATSON B-37999 10-218L CDC-128-B Rev. 4/74

Inmate CHARLES WATSON, has consistently attended weekly meetings of the Christian 12-Step Recovery Program from 12/01/06 to 06/30/07. During this time Mr. WATSON attended 28 of 28 meetings. During this period we discussed our application of Steps 1 to 8 in our lives, including that we: admitted we were powerless over our negative behavior; believed God could transform us; turned our lives over to God; made a moral inventory of ourselves; admitted our wrongs to God and another; cooperated with God to remove our defects of character; and, became willing to make amends to those we had harmed.



 Susan Gabler
 Self-Help Sponsor



 Pastor Scott Barham
 Protestant Chaplain

cc: C-File, Writer, Inmate

Mule Creek State Prison

DATE August 1, 2007 LAUDATORY/CHRISTIAN 12-STEP RECOVERY GENERAL CHRONO

29. Christian 12-Step Group - 12 hours.

NAME and NUMBER WATSON B-37999 CDC-128-B Rev. 4/74

Inmate WATSON has consistently attended weekly meetings of the Christian 12-Step Recovery Program from 07/01/07 to 09/30/07. During this time Mr. WATSON attended 12 of 12 meetings. During this period we discussed our application of Steps 8 to 10 in our lives, including that we: admitted we were powerless over our negative behavior; believed God could transform us; turned our lives over to God; made a moral inventory of ourselves; admitted our wrongs to God and another; cooperated with God to remove our defects of character; and became willing to make amends to those we have harmed.

Original: C-File
 Copy: Writer
 Inmate



 Susan Gabler
 Self-Help Sponsor

DATE October 1, 2007 (LAUDATORY / CHRISTIAN 12-STEP RECOVERY) MCSP/Ione GENERAL CHRONO



Certificate of Completion

Mr. Charles Watson (CDCR# B-37999) is awarded this certificate of recognition for completion of the Christian 12 Step program. He is commended for his hard work and dedication toward recovery.

Group Sponsor: *S. Gabler* Date: *1-10-08*
Susan Gabler