

A.A. / Christian 12-Step Self-Help Groups

60 hours

NAME and NUMBER WATSON, CHARLES B-37999 RM: 1386 CDC-128-B (Rev. 4/74)

Inmate Watson attended the AA 12 Step Group, a voluntary attendance study group, on a regular basis from July, 1990 to October, 1991. His knowledge of AA principles demonstrates several years participation in the AA program. He participated in group sharing which helped him understand himself and others better. Experience he shared had a definite impact on group members present. Inmate Watson is working a good recovery program and I believe he will continue to do so. He was forced to drop the AA 12 Step Group due to other mandatory group requirements.

Original: Central File
cc: Psych Services
"A" Quad AWC
Inmate

B. Edmonds, Instructor
AA 12 Step Group Sponsor

DATE 10-15-1992 (INFORMATIVE CHRONO) GENERAL CHRONO

Mule Creek State Prison - Lone, California

Christian 12-Step Group

1. Christian 12-Step Group - 24 hours.

NAME and NUMBER WATSON, CHARLES B-37999 6-218L CDC 128B (4-74)

CHRISTIAN TWELVE STEP RECOVERY PROGRAM

Mr. Watson attended six (6) months of the Christian Twelve Step Recovery Program on a weekly basis from June 1995 through November 1995. Key ideas covered in Steps 1 through 4 include:

- 1. Powerless 2. Unmanageability 3. Higher Power 4. Belief 5. Turn it over 6. Self will 7. Moral Inventory 8. Survival skill 9. Denial 10. Resentments 11. Fear 12. Anger 13. Control 14. Isolation 15. Self esteem 16. Character Strengths

He has made a conscientious effort to make meaningful changes through the utilization and application of materials in the work book "The Twelve Steps, A Spiritual Journey."

cc: C-File
Inmate
Mr. Don Brown, Outside Sponsor
Prison Fellowship Ministries, N. CA

Phillip Drake, Protestant Chaplain
Mule Creek State Prison

DATE 12/1/95 LAUDATORY CHRONO GENERAL CHRONO

2. Christian 12-Step Group - 17 hours.

NAME and NUMBER WATSON, CHARLES B37999

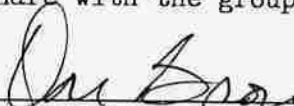
CDC-128-B (Rev. 4/74)

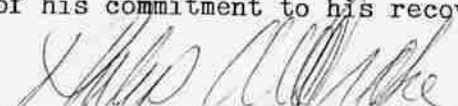
Mr. Watson attended four (4) months of the Christian Twelve Step Recovery Program on a weekly basis from 12/01/95 through 03/27/96. Key ideas covered in steps 5 through 7 include:

- | | | | |
|-------------------------|----------------|---------------|------------------|
| 1. Shadow | 5. Willingness | 9. Dishonesty | 13. Humility |
| 2. Confession | 6. Pride | 10. Gluttony | 14. Generosity |
| 3. Readiness | 7. Greed | 11. Envy | 15. Honesty |
| 4. Defects of Character | 8. Lust | 12. Laziness | 16. Self-Control |

He has displayed a positive attitude towards his peers and outside sponsor, combined with a willingness to share with the group, which is indicative of his commitment to his recovery.

cc: C-FILE
INMATE
FILE


Mr. Don Brown, Outside Sponsor
Prison Fellowship Ministries, N. CA


Philip Drake, Protestant Chaplain
Mule Creek State Prison

DATE 03/27/96 LAUDATORY CHRONO/CHRISTIAN TWELVE STEP RECOVERY GROUP GENERAL CHRONO

3. Christian 12-Step Group - 17 hours.

NAME and NUMBER WATSON, CHARLES B37999 B-6-218L

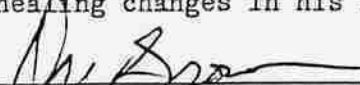
CDC-128-B (Rev. 4/74)


Mr. Watson attended (17) weeks of the Christian Twelve Step Recovery Program (Level III) from 04/03/96 through 07/31/96. Key ideas covered in steps 8 through 12 include:

- | | | |
|--------------------|-------------------------|---------------------------------|
| 1. Amends | 5. Amends to self | 9. Long-term periodic inventory |
| 2. Forgiveness | 6. Personal inventory | 10. Prayer |
| 3. Direct amends | 7. Spot-check inventory | 11. Meditation |
| 4. Indirect amends | 8. Daily inventory | 12. Conscious contact |
| | | 13. God's will |
| | | 14. Spiritual awakening |
| | | 15. Carrying the message |

He is to be commended for his commitment and dedication to work the steps, bringing about positive, inner-healing changes in his life.

cc: C-File
Inmate


Mr. Don Brown, Outside Sponsor
Prison Fellowship Ministries, N. CA


Philip Drake, Protestant Chaplain
Mule Creek State Prison

DATE 07/31/96 LAUDATORY CHRONO/CHRISTIAN TWELVE STEP RECOVERY GROUP GENERAL CHRONO

4. Christian 12-Step Group - 16 hours.

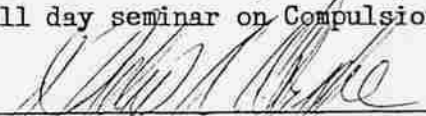
NAME and NUMBER WATSON, CHARLES B37999 B-6-218L CDC-128-B (Rev. 4/74)

Mr. Watson attended (16) weeks of the Christian Twelve Step Recovery Program (Level III) from 08/07/96 through 11/27/96. Key ideas covered in Steps 1 through 3 include:

- | | | | |
|------------------------|-----------------------|-----------------------|------------------|
| 1. Personal need | 5. Behavioral affects | 9. Feeling safe | 13. Higher Power |
| 2. Spiritual Condition | 6. Unwanted behaviors | 10. Behavioral traits | 14. Belief |
| 3. Painful incidents | 7. Recovery tools | 11. Powerless | 15. Turn it over |
| 4. Feelings | 8. Recovery partner | 12. Unmanageability | 16. Self will |

He is to be commended for his honesty, openness and willingness to share his past and present behavioral traits. During this time period, he completed an all day seminar on Compulsions and Disorders, as part of his 12 Step recovery process.

cc: C-File
Inmate


PHILIP DRAKE, PROTESTANT CHAPLAIN
MULE CREEK STATE PRISON

DATE 11/27/96 LAUDATORY CHRONO/CHRISTIAN TWELVE STEP RECOVERY GROUP GENERAL CHRONO

5. Christian 12-Step Group - 13 hours.

NAME and NUMBER WATSON, B-37999 B06-218L CDC-128-B (Rev. 4/74)

The above named inmate has attended 13 weeks of the Christian Twelve Step Recovery Program (Level III) from 12/4/96 through 3/26/97. Key ideas covered in steps 4 and 5 include:

- | | | | |
|--------------------|---------------------|---------------------|-----------------------------|
| 1. Moral Inventory | 5. Fear | 9. Caretaking | 13. Inappropriate Sexuality |
| 2. Survival Skills | 6. Shadow | 10. Control | 14. Low Self-Esteem |
| 3. Denial | 7. Anger | 11. Frozen Feelings | 15. Irresponsibility |
| 4. Resentment | 8. Approval Seeking | 12. Isolation | 16. Character Strengths |

He is to be commended for expressing his feelings even when they cause him pain. His support of the group and willingness to share are indicators of his personal growth in this 12-Step program.

cc: C-File
Writer
Inmate


PHILIP A. DRAKE,
PROTESTANT CHAPLAIN

DATE 4/6/97 (LAUDATORY) GENERAL CHRONO

6. Christian 12-Step Group - 18 hours.

NAME and NUMBER WATSON, B-37999

B06-218L

CDC-128-B (Rev. 4/74)

The above named inmate has attended 18 weeks of the Christian Twelve Step Recovery Program (Level III) from April 2, 1997 through July 30, 1997. Key ideas covered in steps 6 to 9 include:

- | | | | |
|-------------------------|--------------------------|----------------------|---------------------|
| 1. Readiness | 5. Destructive Behaviors | 9. Material Wrongs | 13. Forgiveness |
| 2. Defects of Character | 6. Changing Habits | 10. Moral Wrongs | 14. Direct Amends |
| 3. Willingness | 7. Honesty | 11. Spiritual Wrongs | 15. Indirect Amends |
| 4. Pride | 8. Humility | 12. Restitution | 16. Amends to Self |

He is to be commended for taking responsibility for causing injury to others, and for his willingness to make restitution where and when possible.

cc: C-File
Writer
Inmate


PHILIP A. DRAKE,
PROTESTANT CHAPLAIN

DATE 8/20/97

(LAUDATORY/CHRISTIAN 12-STEP RECOVERY GROUP)

GENERAL CHRONO

7. Christian 12-Step Group - 17 hours.

NAME and NUMBER WATSON


B-37999

CDC-128-B (Rev. 4/74)


This inmate has attended 17 weeks of the Christian 12-Step (AA/NA) Recovery Program (Level III) from Aug. 6, 97 through Nov. 26, 97. Key ideas covered in steps 10 to 12 include:

- | | | | |
|-------------------------|------------------------|----------------------|-------------------------|
| 1. Personal Inventory | 4. Long-Term Inventory | 7. Prayer | 10. God's Will |
| 2. Spot-Check Inventory | 5. Recovery Weaknesses | 8. Meditation | 11. Spiritual Awakening |
| 3. Daily Inventory | 6. Recovery Strengths | 9. Conscious Contact | 12. Carrying Message |

He continues to evaluate his life situation, looking at his strengths, understanding his weaknesses and taking responsibility for his own thoughts and actions.


Doug Juby,
Group Sponsor

cc: C-File
Writer
Inmate


Rabbi Ira Book,
Jewish Chaplain

DATE 1-8-98

(LAUDATORY/CHRISTIAN 12-STEP (AA/NA))

GENERAL CHRONO

8. Christian 12-Step Group - 15 hours.

NAME and NUMBER WATSON, B-37999 B06-218L

CDC-128-B (Rev. 4/74)

The above named inmate has attended 15 weeks of the Christian 12-Step (AA/NA) Recovery Program (Group II) from December 3, 1997 through March 25, 1998. Key ideas covered in the introductory weeks and steps 1 and 2 include:

- | | | | |
|----------------------------|-----------------------------|--------------------|------------------|
| 1. Personal Needs | 4. Recovery Partner | 7. Commitment | 10. Dysfunction |
| 2. Negative Behavior | 5. Behavior Characteristics | 8. Powerlessness | 11. Higher Power |
| 3. Participation Agreement | 6. Character Strengths | 9. Unmanageability | 12. Belief |

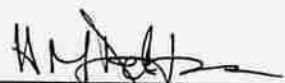
He continues to receive and utilize techniques from the group in his personal growth. His participation is making a positive contribution to the group.

cc: C-File
Writer
Inmate

DATE 5-13-98

(LAUDATORY-CHRISTIAN 12-STEP)

GENERAL CHRONO



Pastor H.M. Dalton,
Protestant Chaplain

9. Christian 12-Step Group - 17 hours.

NAME and NUMBER WATSON, B37999

CDC-128-B (Rev. 4/74)

The above named inmate has attended 17 weeks of the Christian 12-Step Recovery Program (Group II) from April 1, 1998 through July 29, 1998. Key ideas covered in Steps 3 to 5 include:

- | | | | |
|--------------------|---------------|----------------------|-------------------------|
| 1. Turn It Over | 5. Denial | 9. Anger | 13. Responsibility |
| 2. Self Will | 6. Resentment | 10. Approval Seeking | 14. Character Strengths |
| 3. Moral Inventory | 7. Fear | 11. Control | 15. Confession |
| 4. Survival Skills | 8. Shadow | 12. Frozen Feelings | |

He is to be commended for his continued self evaluation, while confronting his past and daily struggles. He accepts and uses personal criticism in a positive way.

cc: C-File
CC-I
Writer
Inmate



Father Diogo Baptista
Catholic Chaplain

DATE September 8, 1998

(LAUDATORY-CHRISTIAN 12-STEP)

GENERAL CHRONO

10. Christian 12-Step Group - 17 hours.

NAME and NUMBER WATSON, CHARLES B-37999


CDC-128-B (Rev. 4/74)

The above named inmate has attended 17 weeks of the Christian 12-Step Recovery Program (Group III) from August 5, 1998 through November 25, 1998. Key ideas covered in steps 6 to 8 include:

- | | | | |
|-------------------------|---------------|----------------|-----------------|
| 1. Readiness | 5. Greed | 9. Envy | 13. Humility |
| 2. Defects of Character | 6. Lust | 10. Laziness | 14. Honesty |
| 3. Willingness | 7. Dishonesty | 11. Generosity | 15. Amends |
| 4. Pride | 8. Gluttony | 12. Temperance | 16. Forgiveness |

He is to be commended for honestly acknowledging his character defects that have caused much pain to himself and others. His confidence is strong in God to help him remove these defects.

cc: C-File
Writer
Inmate


Pastor Scott Barham
Protestant Chaplain

DATE 12/13/98 (LAUDATORY - CHRISTIAN 12 STEP) GENERAL CHRONO

11. Christian 12-Step Group - 23 hours.

NAME and NUMBER Watson B-37999 6-218L

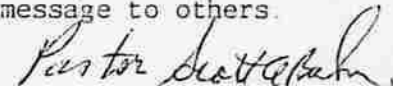
CDC-128-B (Rev. 4/74)

The above named inmate has attended 23 weeks of the Christian 12-Step Recovery Program (Group 2) from October 28, 1998 to March 31, 1999. A recovery workbook for adult children named "When I Grow Up...I Want To Be An Adult" covered the following key ideas:

- | | | | | |
|-------------------------|-------------------|---------------------|-------------------|---------------------|
| 1. Major traumas | 5. Humility | 9. Trusting Senses | 13. Anger/rage | 17. Affirmation |
| 2. Destructive behavior | 6. Past wounds | 10. Resentment | 14. Denial | 18. Christ centered |
| 3. Pain insulators | 7. Stunted Growth | 11. Rejection | 15. Unforgiveness | 19. Wholeness |
| 4. Young relationships | 8. Immaturity | 12. Fear of failure | 16. Healing touch | 20. Recovery goals |

He is to be commended for his continued efforts to confront his short comings, admit them, and to turn to God for healing, while at the same time taking this message to others.

Original: C-File
Writer
Inmate


Pastor Scott Barham
Protestant Chaplain

DATE 4/21/99 (LAUDATORY) MCSP-IONE GENERAL CHRONO

12. Christian 12-Step Group (Victory Over Darkness text) - 17 hours.

NAME and NUMBER WATSON B-37999 B6-218L

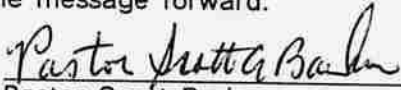
CDC-128-B (Rev. 4/74)

Inmate Watson has attended 17 weeks of the Christian 12-Step Recovery Study Group II from April 7th, 1999 through July 28, 1999. Key ideas covered from the book "Victory Over The Darkness" and from the study guide by Dr. Neil Anderson included:

- | | | | | |
|----------------------|-----------------------|-----------------------|-----------------------|-------------------|
| 1. Pursuing Maturity | 4. Christian Identity | 7. Personal Appraisal | 10. Mental Battle | 13. Relationships |
| 2. Claiming Freedom | 5. Spirit/Soul/Body | 8. Walk of Faith | 11. Perceptions | 14. Discipleship |
| 3. Fallen Nature | 6. Spirit Filled Walk | 9. Plan A/Plan B | 12. Emotional Baggage | 15. Life's Views |

Mr. Watson continues to grow spiritually by learning to overcome personal conflicts which allows him to experience true freedom in Christ and to carry the message forward.

cc: C-File
CC-I
Inmate


Pastor Scott Barham
Protestant Chaplain MCSP

DATE July 28, 1999 (LAUDATORY-CHRISTIAN 12-STEP) GENERAL CHRONO

13. Christian 12-Step Group (Victory Over Darkness text) - 15 hours.

NAME and NUMBER WATSON B-37999 B6-218L

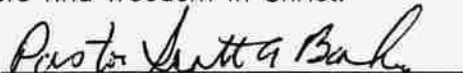
CDC-128-B (Rev. 4/74)

Inmate Watson has attended 15 weeks of the Christian 12-Step Recovery Study Group II from August 4th, 1999 through November 24th, 1999. Key ideas covered from the book "Victory Over The Darkness" and from the study guide by Dr. Neil Anderson included:

- | | | | |
|----------------------|------------------------|--------------------------|----------------------------|
| 1. Spiritual Bondage | 5. Prayer | 9. Accusation/Conviction | 13. Bitterness/Forgiveness |
| 2. Spiritual Freedom | 6. Spiritual Maturity | 10. Deception/Control | 14. Rebellion/Submission |
| 3. Authority/Power | 7. Avoiding Pitfalls | 11. Counterfeit/Real | 15. Pride/Humility |
| 4. Spiritual Armor | 8. Identify Temptation | 12. Deception/Truth | 16. Bondage/Freedom |

Mr. Watson remains determined to walk in victory by standing firm in the trials of daily life and committed to encourage and help others find freedom in Christ.

cc: C-file
Inmate


Pastor Scott Barham
Protestant Chaplain MCSP

DATE December 1, 1999 (LAUDATORY-CHRISTIAN 12-STEP) GENERAL CHRONO

14. Christian 12-Step Group (Spirit, Soul & Body text) - 17 hours.

NAME and NUMBER

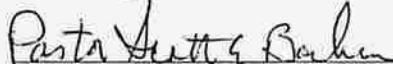
WATSON B-37999 B6-218L

CDC-128-B (Rev. 4/74)

Inmate Watson has attended 17 weeks of the Christian 12-Step Recovery Study Group II from April 5, 2000 through July 26, 2000. Key ideas covered in Step 4 through 6 as well as the Spirit, Soul & Spirit study guide included:

- | | | | |
|--------------------|-------------------|-----------------------|-----------------------|
| 1. Corruptible man | 5. Spiritual laws | 9. Confession to God | 13. Dwelling with God |
| 2. Sin & Death | 6. Conscience | 10. Confession to man | 14. Temple of God |
| 3. Spirit of Life | 7. Laws of God | 11. Character defects | 15. Sound Mind |
| 4. New Identity | 8. Laws of man | 12. Most High God | 16. Abiding in God |

Mr. Watson's surrender to God for continual healing is to be commended. His life shows commitment to seeking after God for a disciplined lifestyle of walking in truth.


 Pastor Scott Barham
 Protestant Chaplain MCSP

cc: C-File
Inmate
DATE

August 7, 2000

(LAUDATORY-CHRISTIAN 12 STEP)

GENERAL CHRONO

15. Christian 12-Step Group (Spirit, Soul & Body text) - 16 hours.

NAME and NUMBER

WATSON B-37999 B6-218L

CDC-128-B (Rev. 4/74)

Inmate Watson has attended 16 weeks of the Christian 12-Step Recovery Study Group II from Dec. 1, 1999 through March 29, 2000. Key ideas covered in Steps 1 through 3 as well as the Spirit, Soul & Body study guide included:

- | | | | |
|----------------------|------------------|--------------|----------------------|
| 1. Fallen Man | 5. Divine Nature | 9. Choices | 13. Spirit Control |
| 2. Uncontrolled life | 6. Plan A & B | 10. Thoughts | 14. Spiritual Esteem |
| 3. Creator God | 7. Renewing Mind | 11. Feelings | 15. The New Man |
| 4. Repent/Belief | 8. Confession | 12. Actions | 16. Disciplined Man |

Mr. Watson is to be commended for his willingness to be teachable. His attendance and attentiveness in the group shows his desire to grow towards a mature man of God.


 Pastor Scott A. Barham
 Protestant Chaplain MCSP

cc: C-file
Inmate

DATE March 29, 2000

(LAUDATORY-CHRISTIAN 12 STEP)

GENERAL CHRONO