

MENDING THE BODY OF CHRIST

"And he [Christ] gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; For the perfecting [mending] of the saints, for the work of the ministry, for the edifying of the body of Christ" (Ephesians 4:11,12).

THE FIELD (Evangelism)

Training Class
Matt. 9:35-38; 10:1-8
Mark 6:7-13

Evangelism Team
Matt.28:18-20; Mk.16:14-20

Love & Time in Field
Ministering Two & Two:
Lk.9:1-6; 10:1-20; 17:20-21

The New Birth
(Regeneration)
Jn.3:1-21; Tit.3:5-7

Crucified, made Righteous
& Reconciled with Christ
Gal.2:20,21; 2 Cor. 5:17-21
Rom.1:16,17;3:25;5:1;10:9-13

THE MORTUARY (Autopsy)

Put OFF the Old Man
Eph. 4:20-24

Water Baptism
Acts 2:21-40; 10:34-38
Col.2:9-15; 1 Pet.3:18-22

Mortify the Flesh
Rom. 8:13; Col. 3:5-7

Small (slab) Groups
Godly Counsel
1 Cor.11:28; 2 Cor.13:5
Romans Chapter 7

Bury the Body
(once & for all)
Rom.6:1-23

THE SANCTUARY (Discipleship)

Put ON the New Man
Col. 3:8-17

Christian Identity
(Who We Are In Christ!)
The Apostle Paul's Letters

The Resurrected Life
Acts 2:41-47; Eph.1:15-2:10
Phil.3:7-16; Col.3:1-4

Church & Home Studies
(Renewing the Mind)
2 Tim.2:15-26; Rom.12:1-16

Power of Love
John 17:22-26; Rom.8:37-39
Eph.3:14-21; 1 John 4:7-21

Power of Grace
Jn.1:14-17; Rom.5:17-21
2 Cor.12:5-12; Heb.4:16

THE BODY (Sons of God)

Supernatural
Ministry Training
Book of Acts

The Presence of God
in Praise & Worship
Rev. chapters 4 & 5

Pastoral Epistles
1st & 2nd Timothy & Titus

Spiritual Joints & Ligaments
(Ligament = bands & bond)
Eph. 4:16; Col. 2:19 (bands)
Col. 3:14 (bond)

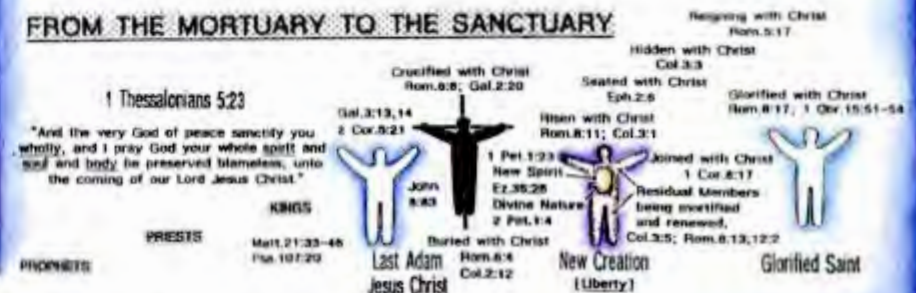
The Prophetic Ministry
1 Cor.14:1; 1 Pet.4:7-11

Stir Up the Gifts
(The Prayful Spirit)
2 Tim.1:6-14; Jude 20-25

WORD DEFINITIONS

- The Field** - The field is the world (Matt. 13:24-30; 36-44).
Evangelism - Proclaiming the Gospel of Jesus Christ.
Mortuary - Place in which dead bodies are kept until burial.
Autopsy - Medical [or spiritual] examination of a corpse.
Mortify - Put to death the deeds of the body through the Spirit.
Sanctuary - A holy place set apart for worship of God; our hearts.
Discipleship - Making disciples by sharing our Master's teachings.
Resurrected Life - A Life raised from the dead by the Spirit of God.
Spiritual Joints - Members of Christ's body who are willing to function together in a relationship under the headship of Christ.
Ligaments - Strong bonds that hold the joints in place, even under intense pressure; divine love, the bond of perfection.

FROM THE MORTUARY TO THE SANCTUARY



Spirit, Soul & Body

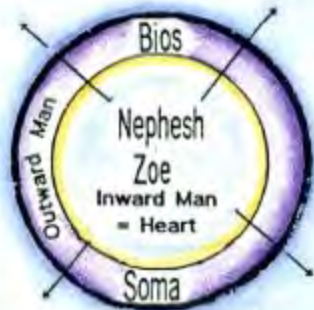
Word Key

Bios = Physical LIFE
 Nephesh (Heb) = Soul LIFE
 Zoe = Spirit LIFE
 Psuche (Gk.) = Soul LIFE
 Soma = Body Pneuma = Spirit

Body of Life



First Adam



Genesis 2:7

Order of Creation
 Light }
 Life } Gen. 1,2
 Love }
 Liberty }

BAD NEWS

Sin
 Unbelief
 Fear
 Hid
 Lust
 Death

OLD MAN
 Body of Sin



Fallen Man

[Bondage]



Genesis 3
 Romans 3:23;5:12

OLD COVENANT
 THE EARLY RAIN
 Joel 2:23

"...the Law of Sin and Death."
 Romans 8:2

1 Thessalonians 5:23

"And the very God of peace sanctify you wholly, and I pray God your whole spirit and soul and body be preserved blameless, unto the coming of our Lord Jesus Christ."

KINGS

Matt.21:33-46
 Psa.107:20

PRIESTS

PROPHETS:

[From the Fall to the Cross]
 Conscience Insufficient: Man
 Evil Continually - Gen.3:6-7
 Flood (Judgment) - Gen.6:8-9-29
 Babel's Pride - Gen.11
 Abrahamic Covenant - Gen.12-17
 Egypt (Bondage) - Exodus 1-11
 Passover (Freedom) - Exodus 12
 Law (Exposed Sin) - Ex.20-25
 Sacrifices for sin - Ex.25-Lev.
 Promise Land - Num/Deut/Joshua
 Judges (Cycle of Sin)
 Kings (Judah's/Israel's Bondage)
 Prophets (God's Messengers)
 Christ - Resurrection Life

Gal.3:13,14
 2 Cor.5:21



Last Adam
 Jesus Christ



1 Corinthians 15:22,45

John 10:10

"I AM crucified, buried and risen with Christ. I AM made alive, born-again & joined with Christ in one Spirit, therefore I AM a partaker of God's divine nature. I AM seated with Christ in the heavenly places -- hidden with Christ in God. I HAVE the gift of righteousness & reign in life by one, Jesus Christ. I AM being mortified, renewed & sanctified daily, who one day will be glorified with Him.

Crucified with Christ
 Rom.6:6; Gal.2:20



Buried with Christ

Rom.6:4
 Col.2:12

John 6:63
 1 Pet.1:23
 New Spirit
 Ez.36:26
 Divine Nature
 2 Pet.1:4



New Creation
 [Liberty]



Romans 6:23
 2 Corinthians 5:17

NEW COVENANT
 THE LATTER RAIN
 Acts 2:16-21

"For the Law of the Spirit of Life in Christ Jesus hath made me FREE from..."
 Christ = the Anointed One and His Anointing.

Reigning with Christ
 Rom.5:17

Hidden with Christ
 Col.3:3

Seated with Christ
 Eph.2:6

Risen with Christ
 Rom.8:11; Col.3:1

Joined with Christ

1 Cor.6:17

Residual Members
 being mortified
 and renewed,
 Col.3:5; Rom.8:13;12:2

Glorified with Christ
 Rom.8:17; 1 Cor.15:51-54



Glorified Saint


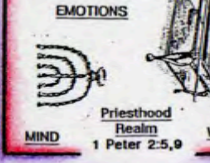


Philippians 3:21
 1 John 3:2

The Anointing
 hath made
 me FREE!

GOOD NEWS
 Righteousness
 Trust
 Love
 Draw Near
 Desires
 Life

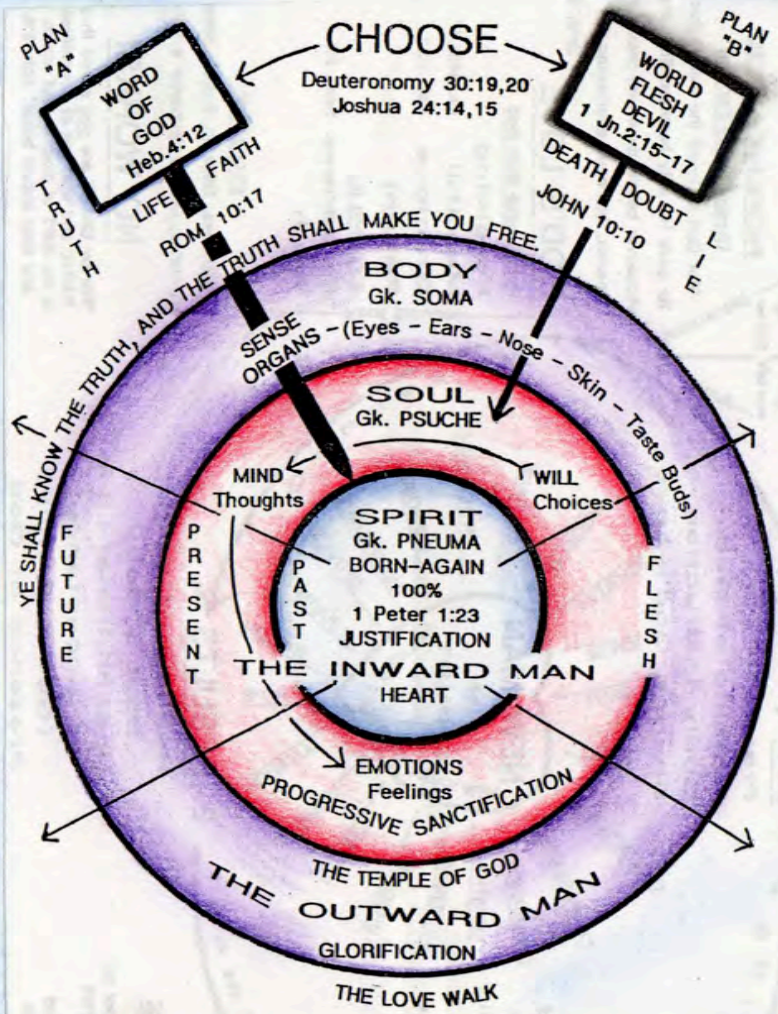
The Old Testament Tabernacle

<p>Gold Mercy Seat, Ex.25:17,21. Ark's lid; Christ, God's Mercy Seat; blood sprinkled to satisfy demand of God. Rom.3:25; 1.Jn.2:2; Heb.10:22; 1Pet.1:2. Represents God's throne in heaven.</p> <p>Ark of the Covenant, Ex.25:10-22. Christ, our Divine Savior. Ark of the Testimony, Ex.26:33; Jn.18:37; Covenant, Num.10:33; Matt.26:28; & Strength, 2 Chr.6:41; 1 Cor.1:24; Wood, Humanity; Gold, Deity. Contents: 2 stone tables; Aaron's budded rod & pot of manna.</p> <p>Candlestick, Ex.25:31-40; 27:20,21. Christ, our Light, Jn.8:12; Searches, Pro.20:27; Exposes, Eph.5:13; Arms, Rom.13:12; Guides, Pa.119:105; Reveals, 1 Cor.2:9-16; Strengthens, Eph.3:16; Witnesses, Matt.5:14-16.</p> <p>7 Spirits (oil), Zech.4:1-7; Rev.1:4; 4:5; Isa.11:1-5. 7 Churches, Rev. 1:20, completeness. Wicks (us) trimmed daily, Matt. 25:1-13.</p> <p>Table of Shewbread, Ex.25:23-30. Lev.24:5-9. Christ, our Sustainer. Bread of Life, Jn.6:48. Eaten by priests, sustained life, Matt.4:3, 4. Eat Word, Jer.15:16. Choose God's Bread, Jn.4:34; Pro.4:20-27. Renews the mind & changes our will, Phil.2:12,13. Man's will as wheat ground to flour & baked with fiery trials, 1 Pet.1:7-9.</p> <p>BRASS LAVER, Christ, our Laver, who contains the cleansing water. Priest washed before entering the Holy Place. After salvation, we need daily cleansing, Ez.36:21-38; Heb.10:22. The Word washes us daily to enter into the service of God, Eph.5:26,27.</p> <p>ALTAR OF SACRIFICE Wood (fallen man) Brass (covered by sin). Brass horns on 4 corners (power of sin). Each worshipper killed own sacrifice. Altar (Cross of Christ) animal (Jesus, the Lamb, the ultimate sacrifice to cleanse & forgive, Jn.1:29; Heb.9:22). Burnt Offering: Surrender, Lev.1:3-17. Type of Christ (male stock, without blemish, blood poured out, skin flayed, wood cross, metal nails) John ch.19,20. Meal Offering: Service, Lev.2:1-16. Peace Offering: Serenity, Lev.3:1-17. Sin Offering: Substitute, Lev.4:1-35. Trespass Offering: Satisfaction, Lev.ch.5,6. Atonement, Lev.16:1-34; Heb.9:11-14. Blood of the Lamb, Jn.20:17; Rev.12:11.</p>	<p>Shekinah Glory = Dwelling Place Ex. 25:22; Num. 7:89; Psa. 63:2 Psa. 80:1 Rev. 15:8 Psa. 99</p> <p>VEIL rent from top to bottom, Matt.27:51.</p> <p>FATHERS - Perfect Realm 100 Fold, Double Portion realm. Walking in glorious Character, Heb. 2:10; 1 Pet. 4:12,13. Most Holy Faith, Love, Jude 20-21. God's presence & rest, Ex.33:14.</p> <p>Altar of Incense, Ex.30:1-10; 31:11. Christ, our intercessor, Heb.4:16; 7:25. Priest offered sweet aroma, a.m. & p.m. Gold horns, authority. Incense Purpose: Jer.6:19,20. Praise, Jer.17:28. Worship, 2 Chr. 2:4; 32:12. Lift Hands, Psa.141:2. Prayers of Saints, Rev.5:8; 8:3-5.</p> <p>YOUNG MEN - Acceptable Realm 60 Fold, Maturing realm, Heb.5:14. Righteousness covering, 2 Cor.5:21. Identity, wisdom & revelation, Eph. 1:3-2:6. Going on unto perfection, accepting responsibility, Heb.8:1. God's Chastening & Correction, Heb.12:5,7; Rev.21:7; Deut.23:2. A Living sacrifice, Rom.12:1,2. A realm of suffering, coming into His image, Matt.26:39; 2Cor.3:18.</p> <p>Preparation for Priesthood Realm Holy service, Ex.ch.29; 40:13. Another washing, Jam.1:21; 4:8. A change of garments, Rev.3:18. An increase of God, I decrease, Jn.4:30. Another anointing, Acts 4:31. No more brass, dominion over sin, Rom.6:12. Ceased from own labor. Thoughts captive, 2 Cor.10:5. Thirst for God. Sense of higher calling, Phil.3:8-16. Going for the gold. Ready to serve.</p> <p>LITTLE CHILDREN - Good Realm 30 Fold, Baby realm, begins walk. Carnal. A natural light covering. Little anointing, wisdom & revelation. Milk, depends on man's teachings. 1 Jn.2:13,14,27 Heb.5:12,13; 1 Cor.3:1-4.</p>
<p>MOST HOLY PLACE  GLORIFIED Col. 1:27</p> <p>SOUL 1 Peter 2:11 Psa.77:13</p> <p>EMOTIONS  MIND</p> <p>WILL 1 Peter 2:5,9</p> <p>OUTER COURT</p> <p>BODY Rom. 12:1,2</p> <p>NEW LIFE John 11:25,28</p> <p>CRUCIFIED Gal. 2:20</p> <p>Body of sin, Rom. 6:6; 8:10 Col. 2:11</p>	<p>2 Gold Winged Cherubs of Glory shadowing the Mercy Seat, Ex.25:18-20; Heb.9:5.</p> <p>Altar of Incense, Ex.30:1-10; 31:11. Christ, our intercessor, Heb.4:16; 7:25. Priest offered sweet aroma, a.m. & p.m. Gold horns, authority. Incense Purpose: Jer.6:19,20. Praise, Jer.17:28. Worship, 2 Chr. 2:4; 32:12. Lift Hands, Psa.141:2. Prayers of Saints, Rev.5:8; 8:3-5.</p> <p>YOUNG MEN - Acceptable Realm 60 Fold, Maturing realm, Heb.5:14. Righteousness covering, 2 Cor.5:21. Identity, wisdom & revelation, Eph. 1:3-2:6. Going on unto perfection, accepting responsibility, Heb.8:1. God's Chastening & Correction, Heb.12:5,7; Rev.21:7; Deut.23:2. A Living sacrifice, Rom.12:1,2. A realm of suffering, coming into His image, Matt.26:39; 2Cor.3:18.</p> <p>Preparation for Priesthood Realm Holy service, Ex.ch.29; 40:13. Another washing, Jam.1:21; 4:8. A change of garments, Rev.3:18. An increase of God, I decrease, Jn.4:30. Another anointing, Acts 4:31. No more brass, dominion over sin, Rom.6:12. Ceased from own labor. Thoughts captive, 2 Cor.10:5. Thirst for God. Sense of higher calling, Phil.3:8-16. Going for the gold. Ready to serve.</p> <p>LITTLE CHILDREN - Good Realm 30 Fold, Baby realm, begins walk. Carnal. A natural light covering. Little anointing, wisdom & revelation. Milk, depends on man's teachings. 1 Jn.2:13,14,27 Heb.5:12,13; 1 Cor.3:1-4.</p>



Once a year, on the day of atonement, the sprinkled blood (representing Jesus' sacrifice) was accepted by God, and the confessed sins of the people were transferred from the sanctuary to the high priest. He then transferred these confessed sins to the scapegoat, which was led into the wilderness (Leviticus 16:16,20-22). In this manner, the sanctuary was cleansed of the sins of the people, which had been transferred there by the blood sprinkled before the veil and had been accumulating for a year.

The New Testament Temple of God



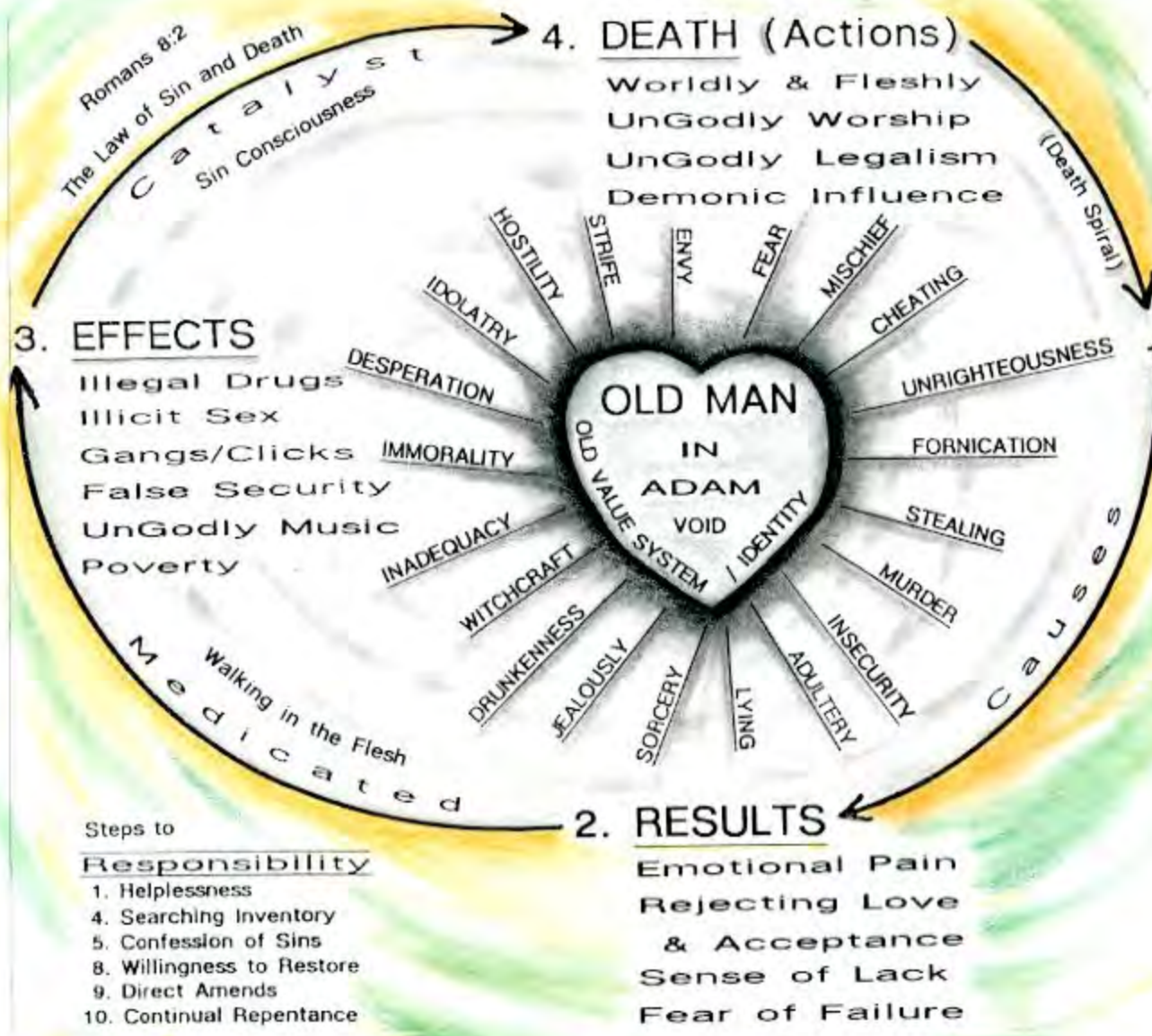
The foundation of the Christian life is based on faith in the Person and work of Jesus Christ at the cross of Calvary. Our spirit is made alive [born-again] when "...joined unto the Lord" (1 Cor. 6:17), through regeneration. Our new Spirit is released through our soul [mind, will and emotions]. This release empowers our walk to be in harmony with the Spirit. Our soul is the gateway which releases the Holy Spirit and brings forth the power and life of God into our actions and relationships. Our bodily conduct comes under control of the Spirit as we choose in our soul to walk in line with God's word through renewing the mind (Rom. 12:1,2).

We Are What We Think



Our thoughts¹ [understanding and reasoning] are based upon promises², which make up our beliefs³. Thoughts based upon the Good News promises of the Kingdom of God, lead to freedom: righteousness, peace and joy, with the hope of everlasting life. Thoughts based upon the Bad News promises of the kingdom of darkness, lead to bondage: crookedness, strife and pain, resulting in spiritual death and hell. *"For to be carnally minded [dependent upon self] is death; but to be spiritually minded [dependent upon God] is life and peace"* (Rom.8:6). The world has been *"...given exceedingly great and precious promises, that through these [promises] you may be partakers of the divine nature [character], having escaped the corruption that is in the world through lust [self-gratification]"* (2 Pet.1:4). Our thoughts produce feelings⁴, and when acted upon, led to our destiny. If we are enticed and act upon lustful thoughts, they bring forth sin and death (James 1:14,15). But, if our beliefs are quickened by the spirit of wisdom and revelation in the knowledge of Christ, our feelings can inspire us, with the sense of righteousness, peace and joy in the Holy Spirit. Our thoughts, beliefs and feelings lead to our actions⁵. Faith is acting on what we believe, either the promises of God or what the world promises. These actions lead to our habits⁶, demonstrate our character⁷, and lead to our destiny⁸, whether good or evil. As King Solomon said, *"For as a man thinks in his heart, so is he"* (Pro.23:7).

THE CYCLE OF PROGRESSIVE SIN



MY CHOICE

To Be Foolish & Reject Correction!
 "...who were dead in trespasses and sins... according to the prince of the power of the air, the spirit that now works in the children of disobedience...by nature children of wrath..." Eph. 2:1-3.
 "For all have sinned..." Rom. 3:23.

- Root Problem**
- 1. MY SIN Psalm 51
 - Separation From God Rom. 1:21-31
 - Pride Eph. 4:17-19
 - Rebellion James 1:13-15
 - Lust 1 John 2:15-17
 - Greed
 - Laziness
 - Anger/Bitterness
 - Selfishness
 - Covetousness

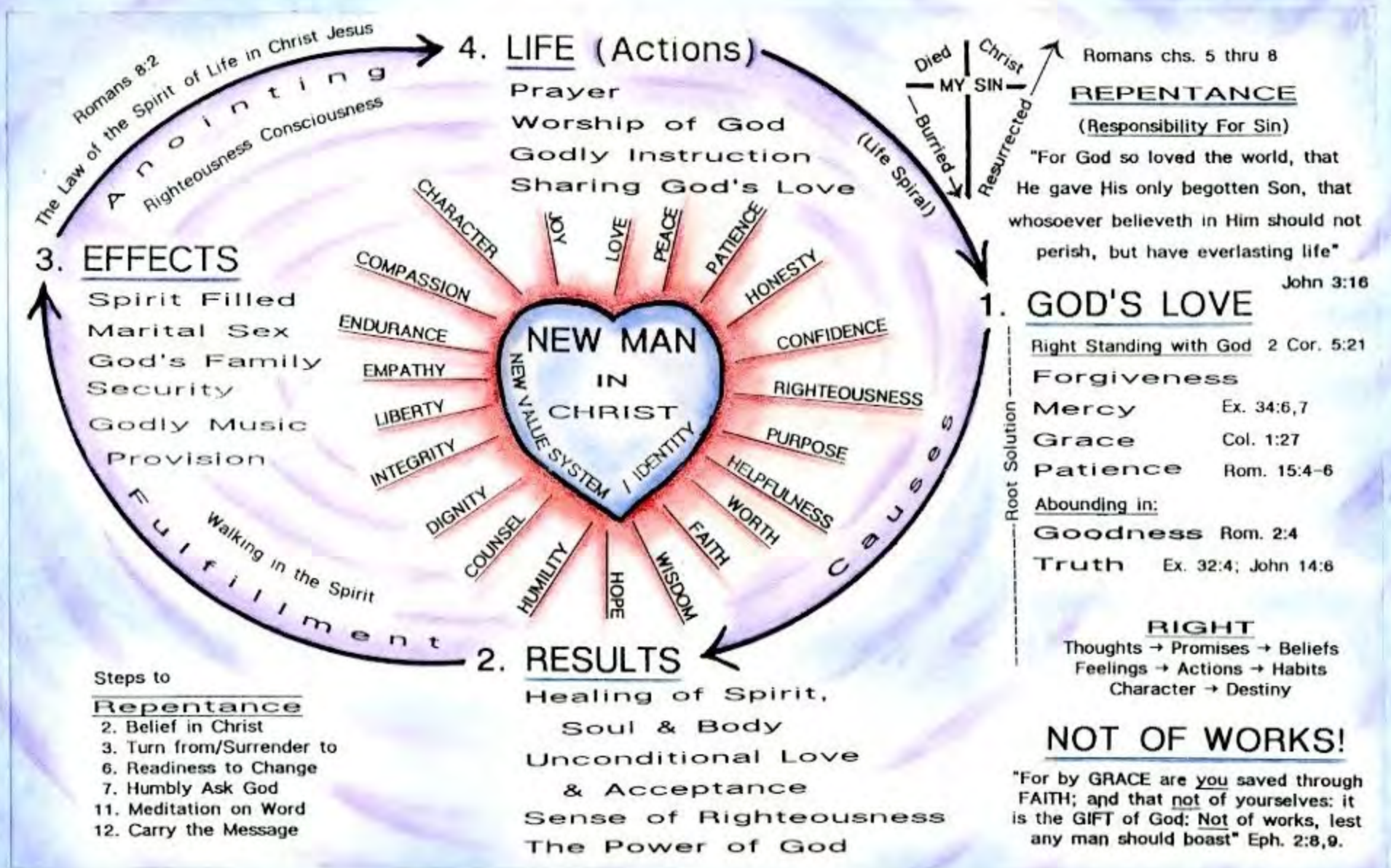
WRONG

Thoughts → Promises → Beliefs
 Feelings → Actions → Habits
 Character → Destiny
 Generational Curses & Word Curses

"Foolishness is bound up in the heart of the child" Proverbs 22:15
 "For as he thinks in his heart, so is he" (Proverbs 23:7).

- Steps to Responsibility
1. Helplessness
 4. Searching Inventory
 5. Confession of Sins
 8. Willingness to Restore
 9. Direct Amends
 10. Continual Repentance

THE CYCLE OF PROGRESSIVE HEALING



VICTIM

DEALING WITH SELF & PAIN

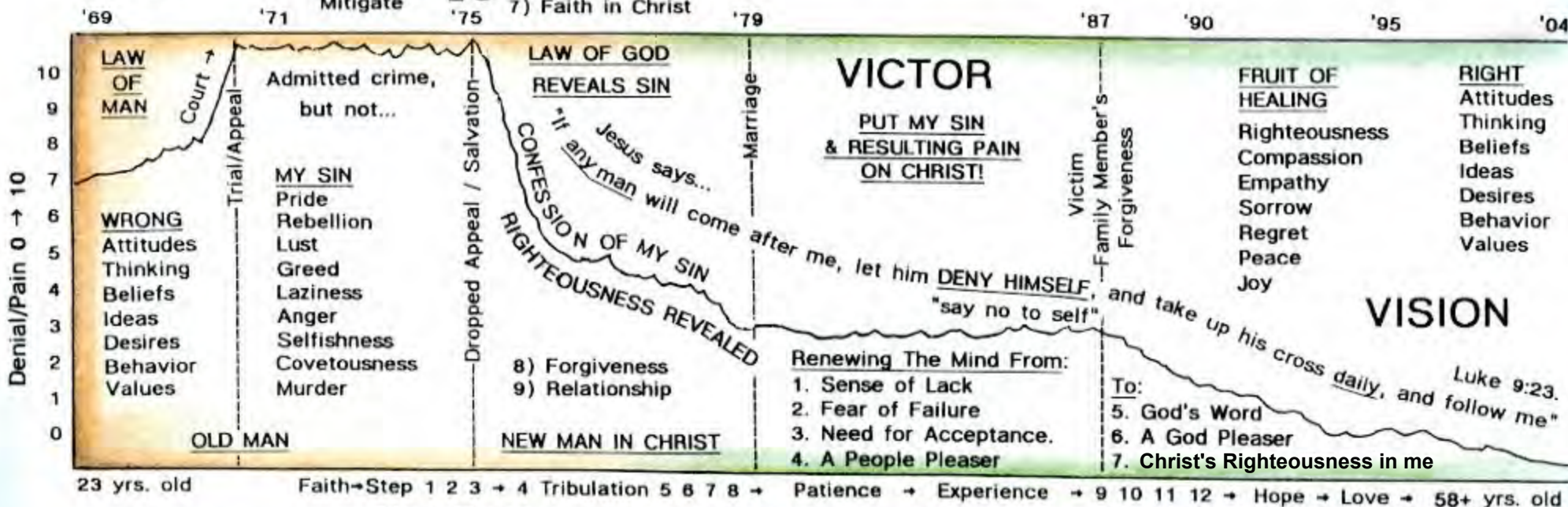
- 1) "If only..."
- 2) Denial → Excuse
- 3) Depression → Blame
- 4) Anger → Minimize
- Mitigate



MY PERSONAL RECOVERY GRAPH

Charles D. Watson B-37999

LET GO & LET GOD!



"Jesus Christ took my sin, pain and sorrow on Himself on the cross" (Isaiah 53:3-6).

Steps to RESPONSIBILITY

- 1. Helplessness
- 4. Searching Inventory
- 5. Confession of Sins
- 8. Willingness to Restore
- 9. Direct Amends
- 10. Continual Repentance

IT'S YOUR CHOICE!

Blame someone else to deal with your pain!
or
Let Christ take your pain to get rid of the blame!

SUICIDE IS NOT THE ANSWER!

Steps to REPENTANCE

- 2. Belief in Christ
- 3. Turn/Surrender to God
- 6. Readiness to Change
- 7. Humbly Ask God
- 11. Meditation on Word
- 12. Carry the Message

SPIRITUAL SOUL ANALYSIS

Charles D. Watson, www.aboundinglove.org

DESCRIBE EVENT: (Negative)

EXAMINE negative thoughts & Emotions (2 Cor. 13:5). In place of every negative thought, choose a positive alternative.

ASK YOURSELF

1. Do my thoughts line up with God's Word (Phil.4:8-9)?
2. Are my thoughts life preserving (Psalms 91)?
3. Are my thoughts goal producing (Jere. 29:11)?
4. Do my thoughts keep me out of trouble with others (Eph.4:1-3)
5. Do my thoughts eliminate emotional conflict (Eph.4:23-32)?
6. Are my thoughts unwise and judgmental (2 Cor.10:12)?

THOUGHTS (Self-talk): "Plan B" (The Lie!)

1.

2.

3.

4.

5.

6.

"Casting down imaginations and every high thing that exalteth itself against the knowledge of God..." 2 Cor. 10:5a

NEW THOUGHTS (Self-talk): "Plan A" (The Truth!)

1.

2.

3.

4.

5.

6.

We can choose to fellowship on the 90% we agree on, or fight over the 10% on which we disagree!

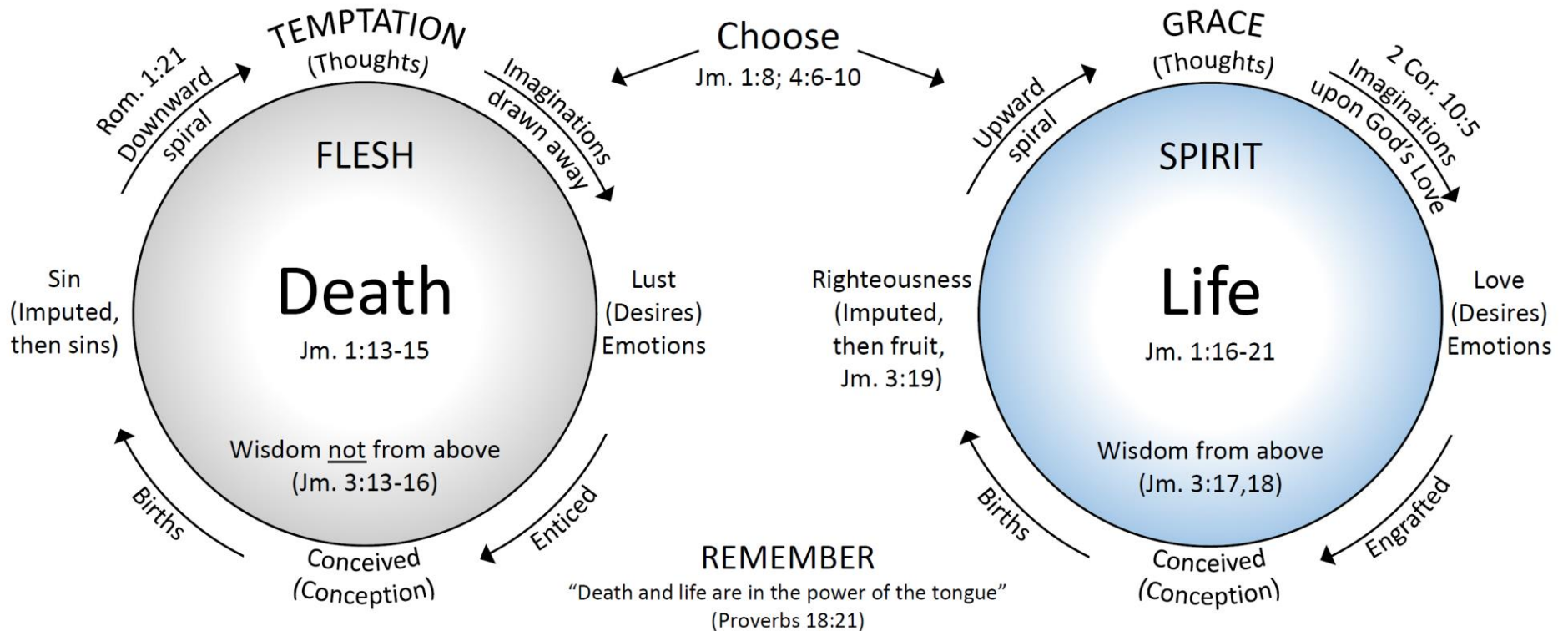
EMOTIONS (Feelings): (Negative)

PUT OFF!



NEW EMOTIONS (Feelings): (Positive) PUT ON!

Harnessing Your Emotions

“Let no man say when he is tempted, I am tempted by God, for God cannot be tempted by evil, nor does He Himself tempt anyone. But each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death” (James 1:13-15).



(Emotions are where lust and/or the love of God are conceived, and in time, brings forth a birth).

<i>Roots</i>	<i>Triggers</i>	<i>Character Defects</i>	<i>Causative Factors</i>	<i>Contributing Factors</i>	<i>Addressing Character Defects & Causative Factors</i>	<i>Who I Am Today</i>	<i>Maintenance Plans</i>
<p>Academic Pressure (My inability to handle fear and anxiety...)</p> <p>Learned Behaviors & Ingrained Beliefs</p>	<p>Stimulations (Internal/External) from events that cause thoughts, emotions, reactions and consequences.</p> <p>Choices and Decisions People, places, things, desires, ideas and situations.</p>	<p>Internal: Psychological, unseen make-up of the person, with a Spiritual void.</p> <p>Seven Deadly Sins: Pride, Greed, Lust, Envy, Fear, Anger and Laziness.</p>	<p>External: People (wrong crowd), Places (clubs) & Things (alcohol & sex)</p> <p>Lack of Pro-social Skills</p>	<p>Combination of character defects & causative factors that were involved at the time of the crime.</p> <p>Disobedience Rebellion Addictions Unhealthy need for acceptance</p>	<p>SPRITUALLY Born-Again Spirit Renewing the Mind Christian 12 Steps</p> <p>MENTALLY Substance Abuse & Cognitive Behavioral Therapy (CBT) Replacement Thoughts Positive Self-talk Behavioral Chain Decisional Balance Consequences +/-</p> <p>EMOTIONALLY Emotional Skills: Controlling my Emotions Recognizing my Feelings Using Self-Control Dealing with Urges Managing Anger, Stress, Anxiety & Sadness Dealing with Rejection, Failure & Grief</p> <p>SOCIALLY Social Skills: Understanding the feelings of others Deciding to say "NO" Communicating my Needs Finding Support Asserting Myself Responding to criticism Dealing with Peer Pressure Getting Involved in Good Activities</p> <p>PHYSICALLY Stretching & Exercise Working Hard</p>	<p>I AM accepted, blessed, confident, delivered & forgiven. healed, joyful, knowledgeable, loved & merciful. optimistic peaceful, redeemed, secure & significant. thankful, unique, victorious, youthful, & zealous.</p> <p>I HAVE an intimate relationship with God; humility. solid core beliefs, identity & values. a strong foundation in God's Word. a family who loves & supports me. a group of friends who care for me. a toolbox of recovery tools. a college BS degree. a ministry with an attitude of gratitude.</p> <p>I CAN do all things through Christ. communicate in a positive way. empathize with the pain of others. overcome all my fears and anxiety. confront lying thoughts. conquer with Truth & definitely succeed on parole in Christ.</p>	<p>Daily Devotions Inventory Conscious Contact with God Reading Books Various Studies Sharing with healthy friends Work/Exercise</p> <p>Weekly Church Services, Studies & Groups Christian 12 Steps Meeting with accountability partner Sharing Recovery with Others</p> <p>Monthly Communion at Church Monthly View writing Family Visits Quarterly</p> <p>Yearly Family Reunions on holidays Retreats with the church Birthday & Christmas Cards</p>
<p>Parental Pressure HURTS (Unmet needs) 1-18 yrs.</p>	<p>School Work Stress/Anxiety Driving/music Sports Beer (14) Sex (16) Self-talk Criticism Competition</p>	<p>Fear of Failure Anger (pent-up) Sexual Misuse Perfectionism Powerlessness Self-deception</p>	<p>Wrong Peers/Girls Sports/Car Alcohol/Sex</p>	<p>Peers/Girls Sports/Car Fear/Anger Alcohol/Sex Perfectionism</p>	<p>EMOTIONALLY Emotional Skills: Controlling my Emotions Recognizing my Feelings Using Self-Control Dealing with Urges Managing Anger, Stress, Anxiety & Sadness Dealing with Rejection, Failure & Grief</p>	<p>I HAVE an intimate relationship with God; humility. solid core beliefs, identity & values. a strong foundation in God's Word. a family who loves & supports me. a group of friends who care for me. a toolbox of recovery tools. a college BS degree. a ministry with an attitude of gratitude.</p>	<p>Monthly Communion at Church Monthly View writing Family Visits Quarterly</p>
<p>Peer Pressure FRUSTRATIONS (Unmet expectations) 18-21 yrs.</p>	<p>College/Tests Stress/Anxiety Driving/Clubs Music/Sex Drinking Fraternity Brothers Self-talk Loneliness</p>	<p>Fear of Unknown Anger (pent-up) Sexual Misuse Approval Seeking Guilt & Shame Discontentment</p>	<p>Fraternity Brothers Alcohol/Women Parties/Bars Cars</p>	<p>Fraternity Fear/Anger/Car Alcohol/Sex Approval Seeking Guilt & Shame</p>	<p>SOCIALLY Social Skills: Understanding the feelings of others Deciding to say "NO" Communicating my Needs Finding Support Asserting Myself Responding to criticism Dealing with Peer Pressure Getting Involved in Good Activities</p>	<p>I HAVE an intimate relationship with God; humility. solid core beliefs, identity & values. a strong foundation in God's Word. a family who loves & supports me. a group of friends who care for me. a toolbox of recovery tools. a college BS degree. a ministry with an attitude of gratitude.</p>	<p>Monthly Communion at Church Monthly View writing Family Visits Quarterly</p>
<p>Unbelief (Insecurities) California Separation from God</p> 	<p>College & Work Stress/Anxiety Pot/LSD (21) Music/Sex Concerts/Clubs Cultists Self-talk Failure Grief</p>	<p>Fear of Rejection Resentment Approval Seeking Anger (pent-up) Sexual Misuse Rationalization Self-centeredness Insecurities Laziness Denial</p>	<p>Cultists Isolated Place Drugs/Weapons</p>	<p>Cultists Fear of Rejection Resentment/Anger Approval Seeking Drugs/Weapons Rationalization Self-centeredness</p> <p>Specific Triggers of the Crime: Delusional beliefs A Favor Owed Drugs (speed, 23) Fear of Rejection Negative Self-talk Misplaced Anger</p>	<p>SOCIALLY Social Skills: Understanding the feelings of others Deciding to say "NO" Communicating my Needs Finding Support Asserting Myself Responding to criticism Dealing with Peer Pressure Getting Involved in Good Activities</p>	<p>I CAN do all things through Christ. communicate in a positive way. empathize with the pain of others. overcome all my fears and anxiety. confront lying thoughts. conquer with Truth & definitely succeed on parole in Christ.</p>	<p>Yearly Family Reunions on holidays Retreats with the church Birthday & Christmas Cards</p> 
		<p>"I sought the Lord, and He heard me, and delivered me from all my fears. They looked to Him and were radiant, and their faces were not ashamed. This poor man cried out, and the Lord heard him, and saved him out of all his troubles." (Psa. 34:4-6).</p>					